Table of Contents:

- Upcoming Events pp. 1-3
- Family Readiness Volunteering Information
- 2d Marines Social Media & Family Readiness POCs
- MCI East Information and Updates pp. 6-9
- Important Financial Information pp. 10-13
- Family Nutrition Information pp. 14-15
- MCCS Announcements pp. 16-22
- MCCS Hiring Event pp.
- CREDO & MCFTB **Marriage Retreats &** Workshops pp. 25-26
- MCFTB & New Parent **Support Information pp** 27-28
- Single Marine Program Information and Events p.
- Fitness and Recreation Information pp. 31-33
- Suicide Prevention & Counseling Resources pp. 34-36
- Skillbridge Program p. 37
- Onslow County Resource Guide pp. 38-43
- Onslow County Events pp.

Movie Night!! June 3, 2022 3/2 Command Post



We would like to invite you to the Movie Night being held at the 3/2 Command Post. The featured presentation will be Encanto! Encanto tells the tale of an extraordinary family, the Madrigals, who live hidden in the mountains of Colombia, in a magical house, in a vibrant town, in a wondrous, charmed place called an Encanto. The magic of the Encanto has blessed every child in the family with a unique gift from super strength to the power to heal-every child except one, Mirabel. But when she discovers that the magic surrounding the Encanto is in danger, Mirabel decides that she, the only ordinary Madrigal, might just be her exceptional family's last hope. We will have popcorn, candy, hotdogs and nachos and a great movie. So come out make new friends at this time of fun! If you are planning to attend RSVPthis please https://www.signupgenius.com/go/904084EA4A62BA4F94-kids no later than May 31, 2022 We hope to see you there!

Click Title To Go To Pg#

3/2 Spa Night

Friday, June 17, 2022 at 6:00 p.m.
Stables Lodge
An Evening of Pampering!



This will be a time out just for the ladies. It is an opportunity to come out and meet new people and to be pampered. There will be spa scrubs and relaxation techniques. There will also be light refreshments, plenty of relaxation and great conversation and information. Please dress comfortably and prepared to be spoiled! If you are interested in attending this night of pampering please RSVP <u>Using This Link</u> no later than June 13, 2022. We hope to see you there!











Save The Dates!

Here are some great events coming up as part of the Family Readiness Program! Be on the lookout for these and other events! All events are free so come on out and make some friends, you will be sure to have a great time!

June 17, 2022 Spa Night

July 15, 2022 Beach Bash



Looking for Family Readiness



Volunteers!



Volunteer Appreciation 2020

Volunteer Appreciation 2019

Have you ever wanted to feel like you are part of your Marine or Sailor's unit? A great way to do that is to become part of the Unit and Family Readiness Program as a Family Readiness Assistant or Volunteer. As a Family Readiness Assistant, you will play a vital role in helping maintain the readiness of 2nd Marines "Marine Family." By becoming a volunteer, you will assist the Deployment Readiness Coordinator (DRC) in planning, coordinating, and execution of unit events. It is also an opportunity to meet other family members in 2nd Marines and make some friends and you become part of the support group that assists one another and other members of the unit. We welcome you to provide new ideas and to assist with planning unit Family Readiness activities. So, whether you have plenty of time or only a few hours a month, we would love for you to become part of the Family Readiness program! If you would like more information on volunteering, contact the DRC at 910-381-6778. We look forward to hearing from you!

"To support my husband in ministering to all the active duty members and their families and to set an example of service for my girls." Lexie T.

"To help me understand the ins and outs of this ever-changing military family life. I also love the sense of community that is felt from going through various experiences with other military spouses." Chances J.



Christmas Gift Assistants (Santa's Elves)

"I volunteer so that I can be involved in positive things that are going on in my community, and to make a difference."

Megan L.

I volunteer to help other wives navigate this lifestyle. There is so much knowledge and information to be shared and I love being able to share that with others to better our families and the battalion." Joy P. 4



Key Family Readiness Points of Contact



Welcome, this is the official U.S. Marine Corps Facebook page for the 2d Marines. It is our goal to provide the public with information and news and allow for an open forum of discussion. Please feel free to express your opinion about the Marine Corps in an objective and respectful way that allows for a continued information relationship. While this is an open forum, it's also intended to maintain respect for those who participate (i.e. family-friendly). Please visit and like our page by clicking here.

2nd Marines Marines.mil Site

This is the official site where you can see the command group, find out about unit history. You will also find information on Contact Us/Check-In, Resources and news. Please visit our site by clicking here.

2nd Marines Family Resource Page!

This is the group where the people who are special to 2d Marines come to connect with the Command, with other families, their Marines, and resources that make our Marines and families stronger- because the people who are special to our Marines are special to us. If you would like to become a member of this group, please click here. In order to be part of this group you must be on your Marine/Sailor's authorized contact list. When you request to be part of the group, please let us know your Marine/Sailor's name.



Dale Kerns

Office: 910-451-0223 Blackberry: 910-381-6778

2d Marines Chaplain (Confidential):

LCDR Doyl E. McMurry Office: 910-451-5370 Blackberry: 910-372-2725

Duty Chaplain (24 HRS): 910-376-5810

Single Marine Program (SMP)

Base Administrative Center Office: 910-451-4642

2d Marines SMP NCO - Cpl Dallas Curtis

Office: 910-451-2404

Military & Family Life Counselors (MFLC)

2d Marines HO MFLC

















MCI East Information and Updates

Holcomb Gate Closure, May 15

The MCB Camp Lejeune Main Gate on Holcomb Blvd., will be closed from 8 a.m. to noon on Sunday, May 15. Please use an alternate gate to enter and exit the installation during this closure.

Dodea Opens Applications For Off-Base Military Kids

The Department of Defense Education Activity approved Camp Lejeune Community Schools for a three-year pilot program to open enrollment to children of full-time, active-duty service members living off base. The pilot program, authorized by the 2021 National Defense Authorization Act, allowed DoDEA to select four sites to gauge interest and expand options for militaryconnected children. To be eligible for the pilot program, students must be a dependent of a full-time, active-duty service member with orders to MCB Camp Lejeune or MCAS New River, North Carolina. For more information and guidance visit: how please on to apply, https://www.dodea.edu/Americas/midAtlantic/campLejeune/pilot.cfm.

COVID-19 Rapid Test Distribution Day, May 20

Naval Medical Center Camp Lejeune will distribute FREE COVID-19 Rapid Tests on Friday, May 20 from 10 a.m. to 2 p.m. at the Marine Corps Exchange on Camp Lejeune. Two FREE tests per TRICARE Beneficiary with DoD ID number. If it has been 30 days since you last received your test kits, you are eligible to receive two more kits.

Military Housing Office Meet and Greet, POSTPONED

The Military Housing Office meet and greet scheduled for May 24 has been postponed. Once a new date is announced, we will inform the residents at MCB Camp Lejeune and MCAS New River.

Tuesday Bible Study at MCAS New River

The MAG-26 Religious Ministry Team is leading a bible study, asking the age old question, "Who is Jesus?" continuing in the book by Paul Kent that explains the 66 great names and titles of Jesus, explained and applied. Please join us on MCAS New River at the mess hall for fellowship around the lunch table from 11:45 a.m. to 12:30 p.m. every Tuesday. We will explore more about the son of God and his impact on history and the world around us. Books will be provided for participants.

Vacation Bible School on Camp Lejeune and MCAS New River

Registration is now open for VBS for kids in first through eighth grade. Go off-road for a Monumental adventure through the colorful canyons and sunbaked trails of the southwest. By exploring God's awesomeness, kids form a rock-solid faith for the road ahead.

New friends • Amazing experiments • Creative games • Super-fun snacks • Surprising adventures • Incredible music

MCB Camp Lejeune

Location: Protestant Chapel, Bldg. 16 on McHugh Blvd.

Time: 9:00 a.m. to noon

Registration location is at the Base Chaplains' Office, Bldg. 67, 2nd floor, room 201

201

MCAS New River Chapel

Location: MCAS New River Chapel, 236 Curtis Rd.

Time: 2 to 5 p.m.

Please contact the New River chaplain's office for registration at 910-449-6801.

CLCS School Board Meeting, May 19

The final Camp Lejeune Community Schools 2021-2022 school board meeting will take place on May 19 at 9 a.m. at the District Superintendent's office at 855 Stone Street. This is the last chance to make your voice heard. Please consider attending.

REMINDERS AND UPDATES

Peak Moving Season 15 May – 31 August: Got funded PCS Orders?

Coordinate your PCS movement with DMO now! The moving industry is experiencing a significant reduction in the number of available packers, loaders and drivers, which is limiting the capacity that DoD normally receives during the summer peak moving season. Visit the Defense Personal Property System (DPS) via https://www.move.mil to complete the counseling module, also called "Self-Counseling" and submit your application. Failure to take the appropriate actions now will result in the inability of the DMO/Transportation Office to accommodate your requested dates for household goods transportation, non-temporary storage, and booking overseas travel. Do not wait!

Check out MARADMIN 108-22 for more detail at https://www.iandl.marines.mil/Divisions/Logistics-Division-LP/Logistics-Distribution-Policy-Branch-LPD/PCS-Move-Resources/Peak-Moving-Season-MARADMINS/.

Contact your local DMO/Transportation Office ASAP! Personal Property - <u>ppcig@usmc.mil</u> or 910-450-8417 Passenger - <u>dmo_passenger@usmc.mil</u> or 910-451-1971

MCCS Announcements

Military Readiness Binder Workshop May 17 | 10 AM MCFTB, Bldg. 780, Brewster Blvd

Is all your paperwork in order for whatever may come your way? Register at http://www.mccslejeune-newriver.com/mcftb/.

NEW DATE! Customer Appreciation Day Fri., May. 20 | 4-6PM Hwy 172 Courthouse Bay Marine Mart

We <3 our customers! To thank you, we're kicking off the weekend with free food & fun!

- ~ Food & drink samples (available while supplies last)
- ~ Prizes! Oculus Quest 2, PS5, MCX gift card, and more!
- ~ Free goodie bag for the first 100 customers!

Open to all authorized patrons. Info: https://mccslejeune-newriver.com/mcx or 910-440-6168

Big 50 Sporting Skeet Shoot Fri., May 27 | 10AM-3PM Camp Lejeune Skeet Range (R-100 Range Complex, Old Sawmill Rd.)

Take aim at 50 targets! \$15 per shooter. Prizes for 1st, 2nd, and 3rd place. Patrons may bring their own gun (gun rental also available for \$10). Any gauge (12, 20, 28, and 410) can be used to shoot. Register online at www.mccslejeunenewriver.com/shoot by 4PM on May 26 or in-person at the range. Walk-ins accepted on a space available basis. Open to all authorized patrons and guests ages 10 and older; ages 10-17 must be accompanied by an authorized parent/guardian. Info: 910-451-3889. Rain date: June 3

Old Glory Golf Tournament May 28-30 | 8:30AM Paradise Point Golf Course, Camp Lejeune

\$75 per player, plus cart and greens fee (includes prize fund, cookout after play each day, and tee gift). Register by 5PM on May 20. Info: 910-451-5445, www.mccslejeune-newriver.com/golf/.

Marine Corps Half Marathon Price Increase May 31!

Register today for the Marine Corps Half Marathon and avoid the upcoming price increase. The flat course makes it ideal for runners of all skill levels. Check it out at www.mccslejeune-newriver.com/grandprix/.

Announcements

Childcare Openings! PCS season means openings for active duty enrollment at CDCs. Request care at https://public.militarychildcare.csd.disa.mil/mccu/ui/#/.

PCS'ing soon? Virtual Smooth Move workshop May 12 - Register at www.mccslejeune-newriver.com/info/.

Got kids attending a new school next fall? Contact our School Liaisons for transition tips and school info. www.mccslejeune-newriver.com/schools/.

Hug-A-Hero Daddy Doll Discount Code

If you are ordering a Daddy Doll for your child, their Military Discount is MILITARY15. This can be applied at checkout to take 15% off of orders. Please let me know if you have any questions. Have a great day!

Personal Financial Management Program Bldg 825, Rm 128 John A. Lejeune Education Center Stone St. Camp Lejeune Service hours are 0730-1630, and we can occasionally support after-hours

The Personal Financial Management Program (PFMP) is the #1 trusted source for unbiased financial information on Marine Corps installations globally. We provide FREE financial counseling, education and information to Marines and eligible dependents on Camp Lejeune and MCAS New River. We assist

events.

Marines and commands with financial readiness via one-on-one consultations, group classes, phone and email. All assistance is provided with confidentiality. The benefits of using PFMP services include financial well-being, resiliency, financial readiness and mission readiness. Units and individuals can schedule group classes or private appointments.

Financial Consults

Primary POC: lejpfm@usmc-mccs.org

Personal Financial Counselors

Call or text to schedule an appointment or ask questions:

<u>CampLejeune-PFC1@zeiders.com</u> 603.303.2657 <u>CampLejeune-PFC2@zeiders.com</u> 802.730.5163 <u>CampLejeune-PFC3@zeiders.com</u> 910.322.9518

Unit Classes/PMEs:

Primary POC: lejpfm@usmc-mccs.org

Secondary POC: 910.451.3219

5/19 9AM Personal Readiness Seminar (PRS) Finance

5/25 9AM Home Buying

5/26 9AM Personal Readiness Seminar (PRS) Finance

6/2 9AM Personal Readiness Seminar (PRS) Finance

6/3 9AM Car Buying

6/8 9AM Spending Plan Development

6/9 9AM Personal Readiness Seminar (PRS) Finance

6/15 9AM Credit Management

• Classes held at Bldg. 825, John A Lejeune Education Center, Room 101

To regieter for these classes please Click or Tap Here



Serving servicemembers, veterans, and military families | Consumer Financial Protection Bureau (consumerfinance.gov)

Serving Servicemembers, Veterans, And Military Families

CFPB's Office of Servicemember Affairs (OSA) works to help military families overcome unique financial challenges by providing educational resources, monitoring complaints, and working with other agencies to solve problems faced by servicemembers.

Meet the Office of Servicemember Affairs

The Office of Servicemembers Affairs was created to support servicemembers, veterans and military families by helping them address unexpected financial challenges and working to protect them in the consumer marketplace.

Misadventures in Money Management (MiMM)

MiMM is a cutting edge, graphic novel where you can choose your own adventure in a virtual learning experience that trains future and current servicemembers and their families on how to navigate future financial landmines in a fun and interactive way.

Overview of MiMM Experience the adventure at MiMM.gov

Tools And Resources To Use With The People You Serve

Navigating The Military Financial Lifecycle

Print and online information for servicemembers at every step of their military career and beyond.

Get the resources
See additional CFPB resources

The Servicemembers Civil Relief Act (SCRA)

The SCRA is a law that provides legal and financial protections to those who have answered the call to serve.

Learn more

Strengthening the Military Lending Act (MLA)

The Military Lending Act (MLA) was enacted in 2006 to protect servicemembers from loans with annual rates over 36 percent. In 2015, we helped the Department of Defense as it expanded the coverage of its MLA regulations.

What is the MLA, and what are my rights? MLA applicability flow chart

What the CFPB is doing

Monitoring Servicemember Complaints

We have analyzed tens of thousands of complaints from servicemembers, veterans, and military family members to ensure we're matching our efforts with their priorities.

Office of Servicemember Affairs Annual report (May 2021)

Making Student Loans More Affordable

Servicemembers have special options that could save them money and make it easier to pay off their student loans. We've worked closely with the Department of Education to ensure servicemembers get their student loan benefits.

Read our Overseas & Underserved Report

Protecting Servicemembers From Military Allotments Abuses

We worked with DOD to protect servicemembers from abuses related to the military's discretionary allotment system.

Read about illegal military allotment practices

Comparing Credit Records Of Young Servicemembers And Civilians

How do credit records co-evolve with military service? This analysis compares young servicemembers based on the age at which they join active duty and the time they spend on active duty.

Read the report (July 2020)

Read the follow on report studying the credit records of young veterans in the first year after separation (November 2020)

Enforcement Actions

The CFPB has recovered millions in relief for servicemembers, veterans, and military families from companies that targeted them with scams or illegal practices.

Consumer Financial Protection Bureau Settles with Broker of High-interest Credit Offers (January 2019)

Bureau of Consumer Financial Protection Files Complaint and Proposed Settlement with Village Capital & Investment LLC (December 2018)

<u>CFPB</u> issues \$1.25 million fine to servicemember auto lender for violating consent order (April 2017)

See all our actions against companies targeting servicemembers

LEGAL DISCLAIMER - The content on this page provides general consumer information. It is not legal advice or regulatory guidance. The CFPB updates this information periodically. This information may include links or references to third-party resources or content. We do not endorse the third-party or guarantee the accuracy of this third-party information. There may be other resources that also serve your needs.

IdentityTheft.gov Recovering From Identity Theft

IdentityTheft.gov is the federal government's one-stop resource for identity theft victims. The site provides streamlined checklists and sample letters to guide you through the recovery process. IdentityTheft.gov can help you report and recover from identity theft.

HERE'S HOW IT WORKS:

Tell us what happened.

We'll ask some questions about your situation. Tell us as much as you can.

Get a recovery plan.

We'll use that info to create a personal recovery plan.

Put your plan into action.

If you create an account, we'll walk you through each recovery step, update your plan as needed, track your progress, and pre-fill forms and letters for you.

Get started now. Or you can browse a complete list of possible recovery steps.





Family Nutrition Information

Does your family have food insecurities? Food insecurities is defined as the state of being without reliable access to a sufficient quantity of affordable, nutritious food. According to an article from the Center for Strategic & International Studies titled "Food Insecurity among U.S. Veterans and Military Families", "a study published in May 2021, nearly 33 percent of respondents at a major U.S. Army installation were classified as marginally food insecure in 2019. Among nearly 7,800 military family respondents, 12.5 percent were food insecure in 2019, according to the Military Family Advisory Network (MFAN) **Military** Family Support **Programming** Survey. (https://www.csis.org/analysis/food-insecurity-among-us-veterans-andmilitary-families). If you fall into one of these categories, there are resources available for military families. Families with children under the age of 5 may be eligible for Women, Infants, and Children (WIC). If you have children over the age of five you may be eligible for Supplemental Nutrition Assistance Program (SNAP). There is more information below on these programs.



Supplemental Nutrition Assistance Program (SNAP) 612 College St. Jacksonville, NC 28540 Phone: 910-455-4145

Monday and Friday - 8:00 a.m. - 5:00 p.m. Tuesday and Thursday - 7:00 a.m. - 5:00 p.m. Wednesday - 7:00 a.m. - 2:00 p.m.

https://www.onslowcountync.gov/1726/Food-Nutrition-Services

Nutrition Assistance - SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. The Supplemental Nutrition Assistance Program (SNAP) is the largest federal nutrition assistance program. SNAP provides benefits to eligible low-income individuals and families via an Electronic Benefits Transfer card. This card can be used like a debit card to purchase eligible food in authorized retail food stores. To be eligible for this benefit program,

applicants must live in the state in which they apply and meet certain bank balance limits. A household with an elderly (over 60) or disabled household member may have a higher bank balance limit. Visit SNAP's eligibility page to find out more about eligibility requirements and how benefits are computed.



Women, Infants, and Children (WIC) **Marine Corps Base Camp Lejeune** 2455 Iwo Jima Blvd. Tarawa Terrace Jacksonville, NC, 28543 (910) 353-0022 Mon-Fri 8AM-5PM

http://www.onslowcountync.gov/216/WIC

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. The WIC program aims to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

WIC Serves Pregnant women Breastfeeding women Non-breastfeeding postpartum women **Infants** Toddlers and children up to age 5







MCCS Events & Announcements

Tell Me A Story - Mercedes and the Chocolate Pilot Sat, May 14, 10am – 12pm Register Location: MCAS New River

Join our special guest Col. Ebitz, in a hanger, as he reads Mercedes and the Chocolate Pilot to our military families. School Liaison officers will have a variety of activity stations related to the book that children will visit. A free copy of the book will be provided to 50 military families compliments of MCEC® (MCCS Sponsor. No Federal or DoD endorsement implied.) Registration required.

Kayaking for Kids
Wed, May 18, 1:30 – 3:30pm Register
Location: Outdoor Adventures, Camp Lejeune
Cost: \$25 (includes all equipment)

Join Outdoor Adventures on the water learning basic kayaking skills. Experienced outdoor guides will teach this fun instructional course - perfect for beginner or experienced kayakers ages 8 and up. Space is limited. More Info: http://www.mccslejeune-newriver.com/outdoor

Wednesday Family Fun Night Wed, May 18, 5 – 7pm Location: Bonnyman Bowling Center

Have some glow-in-the-dark fun without breaking your family's budget! Only \$25 per lane for 2 hours of Glow Bowling. Valid for up to 5 bowlers; shoe rental included. Must be on lane by 7PM. Open to all authorized patrons and their guests. League Bowl excluded from Wednesday Family Fun Night.

More Info: http://www.mccslejeune-newriver.com/bowling/

Thursday Night Scramble Thu, May 19, 5:30pm Location: Paradise Point Golf Course, Camp Lejeune

Join us every Thursday night (weather permitting) for our 9 hole scramble. Register individually (computer draw by handicap) by 5PM on the day of the event. \$20 per golfer (includes cart and greens fee). Prize fund depends on the size of the field. Open to the public.

More Info: http://www.mccslejeune-newriver.com/golf/

Xtreme Family Fun Night Thu, May 19, 6 – 8pm Location: New River Bowling Center

Cosmic Fun! Music! Black Light Bowling! Only \$25 per lane for 2 hours (up to 5 bowlers; shoes included). Open to all authorized patrons and their guests. More Info: http://www.mccslejeune-newriver.com/bowling/

Couples Resiliency Workshop Fri, May 20, 8:45am – 2:30pm Register Location: New River Air Station Chapel

Calling all couples, married or dating! Want to strengthen your relationship, improve communication, and intimacy towards each other? We've prepared a day where you can discover skills that will guide you towards a deeper appreciation for each other and help you build a stronger connection. Open to all active duty service members.

Customer Appreciation Day Fri, May 20, 4 – 6pm Location: Hwy 172 Courthouse Bay Marine Mart

Due to forecasted inclement weather, this event has been changed to Fri., May 20, 4-6PM. We <3 our customers! To thank you, we're kicking off the weekend with free food & fun!

- ~ Food & drink samples (available while supplies last)
- ~ Prizes! Oculus Quest 2, PS5, MCX gift card, and more!
- ~ Free goodie bag for the first 100 customers!

Open to all authorized patrons.

More Info: http://www.mccslejeune-newriver.com/mcx/

Texas Hold 'Em Poker Night Fri, May 20, 5:30pm Location: The SNCO Club, Camp Lejeune

Texas Hold 'Em Rules. Open to all authorized SNCO Club patrons and their guests, officers, and retired officers. Start time is 1730; no new players after 1800. Unlimited rebuys for first 60 minutes (must have \$5.00 in chips). 10-minute break every hour. No soliciting. Count cards before and after every session/break. Payouts are issued in MCCS gift cards and will paid out the following week.

More Info: http://www.mccslejeune-newriver.com/snco/

Monthly Scramble Sat, May 21, 8:30am Location: Paradise Point Golf Course, Camp Lejeune

Third Saturday of each month (weather permitting). Scramble begins at 8:30AM. Please register by 8AM in the Pro Shop. Computer draw from players USGA Handicap, Player rank A, B, C, D. \$10 per person, plus cart and greens fee. Open to the public.

More Info: http://www.mccslejeune-newriver.com/golf/

Parent and Child Archery (Ages 5+) Sat, May 21, 9 – 11am Register Location: Hospital Point Recreation Area, Camp Lejeune

Learn archery with your kids! Certified archery instructors from Outdoor Adventures will teach parents and children together about the exciting sport of archery! This program is perfect for beginners new to the sport or experienced archers wanting to increase their knowledge and skills. The class covers range safety, archery equipment, curve and compact bows, and proper shooting techniques. \$20 per person. Cost includes equipment and instructional guide. Open to all authorized patrons 5 years of age or older. Register online by 3:30PM on the Wednesday before class.

More Info: http://www.mccslejeune-newriver.com/outdoor/

Archery Coaching Clinic (Ages 7 +) Tue, May 24, 1:30 – 2:30pm Register Location: Outdoor Adventures, Camp Lejeune

Build on the fundamentals of archery! This clinic is designed for intermediate archers who want to sharpen and refine their archery skills. Learn additional techniques from other experienced archers and our certified USA Archery

instructors. All archers must complete the Intro to Archery training in order to attend this clinic. Archers must wear athletic/outdoor clothing with closed-toe shoes. All participants must sign waiver to participate. \$10 per person per clinic. Open to all authorized patrons age 7 and older. Register by 3:30 PM on the Thursday before the clinic.

More Info: http://www.mccslejeune-newriver.com/outdoor/

RETIRING – Spouse's Transition Readiness Seminar (S.T.A.R.S.)

Wed, May 25, 9am – 12pm Register

Location: Virtual

A link to the class will be sent to you at a later date.

This workshop is only for those retiring from service.

Is retirement approaching soon? You may have more questions than your service member. The Spouse Transition and Readiness Seminar (S.T.A.R.S.) is an informational workshop designed to provide spouses of retiring Service Members the opportunity to gain valuable knowledge of resources and pressing information as it relates to the upcoming transition. A panel of subject matter experts regarding topics such as education and career programs, benefits and entitlements, and financial considerations, will be on hand to ensure that the transition from a military to a civilian lifestyle is as smooth as possible. If your service member is separating from service, please check our calendar for the separating classes.

More Info: http://www.mccslejeune-newriver.com/fmeap

After School Archery (ages 7+)
Wed, May 25, 4:30 – 6:30pm Register
Location: Outdoor Adventures, Camp Lejeune

After School Archery is the perfect way to get kids outdoors and introduce them to the exciting sport of archery! Archery is a great way to increase focus, self-discipline, and awareness. In this class, kids will learn about range safety and how to shoot a bow and arrow, including the 10 steps to shooting a bow and arrow safely. \$30 per child, includes equipment and instruction. Register by 3:30PM on the Friday before class. Participants should wear athletic/outdoor clothing and closed-toe shoes. Open to all authorized patrons ages 7 and older.

Wednesday Family Fun Night Wed, May 25, 5 – 7pm Location: Bonnyman Bowling Center

Have some glow-in-the-dark fun without breaking your family's budget! Only \$25 per lane for 2 hours of Glow Bowling. Valid for up to 5 bowlers; shoe rental included. Must be on lane by 7PM. Open to all authorized patrons and their guests. League Bowl excluded from Wednesday Family Fun Night.

More Info: http://www.mccslejeune-newriver.com/bowling/

Smooth Move PCS Workshop Thu, May 26, 1 – 3pm <u>Register</u> Location: Virtual

Class Link: https://meeting.marinenet.usmc.mil/lejnr-pcs/

Got orders to move to a new duty station? This free Smooth Move PCS workshop provides information for personnel making a Permanent Change of Station (PCS) transfer to another base within the United States (CONUS) or to an overseas location (OCONUS). Topics covered include: travel and pay entitlements, shipping personal property, housing information, moving tips, POV entitlements, cultural aspects, COLA, passport requirements, Military OneSource, Military Home Front and accessing services at the new duty station. Please register online or call (910) 451-1056/7796. FREE for military families serving aboard Marine Corps Base Camp Lejeune, New River Air Station, and all outlying camps. As per MCO1754.10A, attendance is mandatory for all departing military personnel. Spouses are encouraged to attend.

Thursday Night Scramble Thu, May 26, 5:30pm Location: Paradise Point Golf Course, Camp Lejeune

Join us every Thursday night (weather permitting) for our 9 hole scramble. Register individually (computer draw by handicap) by 5PM on the day of the event. \$20 per golfer (includes cart and greens fee). Prize fund depends on the size of the field. Open to the public.

More Info: http://www.mccslejeune-newriver.com/golf/

Xtreme Family Fun Night Thu, May 26, 6 – 8pm Location: New River Bowling Center

Cosmic Fun! Music! Black Light Bowling! Only \$25 per lane for 2 hours (up to 5 bowlers; shoes included). Open to all authorized patrons and their guests. More Info: http://www.mccslejeune-newriver.com/bowling/

Friday Family Meal Deals - Fried Chicken Fri, May 27, 4 – 6pm <u>Register</u> Location: Pick up at Paradise Point Officers' Club

May 27 Menu (order by 4PM May 24)
\$32/Meal Deal, \$52/Double Deal, \$16/Half Deal

The May 27 Meal Deal includes the following (Half Deals will be halved; Double Deals have twice as much food):

- *Fried chicken (8 pieces)
- *Macaroni & cheese (1 lb.)
- *Steamed broccoli (1 lb.)
- *Biscuits (4 large)
- *Garden salad with ranch dressing
- *Chocolate chip cookies (4 large)
- *Choice of lemonade or sweet tea

Meal Deals are available to all ranks/all authorized patrons and ordering is convenient!

- 1. Reserve online by 4PM on Tue. for Fri. pick-up.
- 2. We'll call you to confirm quantity and process payment. If we're not able to reach you, please call 910-450-7981 to make payment by 4PM on Thu.
- 3. On Fri., you'll pick up your Meal Deal at Paradise Point Officers' Club between 4-6PM. There will be no contact and no need to go inside. Just drive up to the awning and we'll be waiting for you!

Please note you must order your Meal Deal online ahead of time. We will not have any extras available on-site.

More Info: http://www.mccslejeune-newriver.com/oclub

Old Glory Golf Tournament Sat, May 28, 8:30am – Mon, May 30, 2pm Location: Paradise Point Golf Course, Camp Lejeune

\$75 per player, plus cart and greens fee (includes prize fund, cookout after play each day, and tee gift). 54 holes/2-person team, pre-flighted. Register by 5PM on May 20. Open to the public.

More Info: http://www.mccslejeune-newriver.com/golf/

Bingo Blast Sat, May 28, 12:15 – 5:30pm Location: Marston Pavilion, Camp Lejeune

Guaranteed \$15,500 payout! ! \$55 minimum buy-in. Open to patrons ages 18+ who have base access.

More Info: http://www.mccslejeune-newriver.com/thelanding/

New Moon Kayaking Tour Sat, May 28, 8 – 10pm <u>Register</u> Location: Outdoor Adventures, Camp Lejeune

Cost: \$25 (includes equipment)

Let the darkness of the New Moon guide you along the waterways of Camp Lejeune. Lights will be hooked up to kayaks to guide you on your adventure. Open to authorized patrons and their guests 16 years of age and older.

More Info: http://www.mccslejeune-newriver.com/outdoor

Old Glory Golf Tournament Sat, May 28, 8:30am – Mon, May 30, 2pm Location: Paradise Point Golf Course, Camp Lejeune

\$75 per player, plus cart and greens fee (includes prize fund, cookout after play each day, and tee gift). 54 holes/2-person team, pre-flighted. Register by 5PM on May 20. Open to the public.

More Info: http://www.mccslejeune-newriver.com/golf/

For a more detailed and customizable listing, please visit <u>www.mccslejeune-newriver.com/events/listing</u>.





You're hired!



Congratulations on your awesome new job!

MCCS Human Resources

Bldg. 1401 West Road Camp Lejeune, NC 28547 910.451.JOBS (5627) lejeune.vacancies@usmc-mccs.org Monday – Friday - 7:30AM - 3:00PM

Marine Corps Community Services Lejeune-New River is a service organization. Our mission is to promote the readiness and retention of Marines and their families by delivering programs, products and services of value to the Camp Lejeune and Marine Corps Air Station New River community and to do so in a manner that makes a positive difference in the lives of the people our organization exists to serve. To learn more about the benefits of working for MCCS Lejeune-New River, visit http://www.mccslejeune-newriver.com/jobs/.

Military Spouses

Nearly half of our Marine Corps Community Services Camp Lejeune-New River employees are affiliated with our military, of which the majority are spouses of relocated military service members. Being a military spouse does not mean that your career has to end! Marine Corps Community Services are located at all Marine Corps installations with potential continuation of your career.

Spouse Preference Program

What is the Spouse Preference Program?

This is a Department of Defense program instituted to lessen the adverse impact on the career paths of spouses of Active Duty Service members. The program grants eligible spouses, who are among the best qualified for positions graded NF-3 and below and equivalent hourly paid positions, a special preference in the selection process.

Spouse Preference requires a copy of the active duty member's orders with the spouse's name listed. Effective 7 Oct 04, Spousal Preference applicants hired in a flexible position will not lose their spousal preference eligibility until transferred or hired into a regular Full-Time or Part-Time position.

There is no limit to the number of times spouse preference may be applied to referral and selection for non-continuing positions. Spouses may be simultaneously referred for continuing and non-continuing positions. Eligibility terminates due to acceptance or declination of an offer of a continuing Full-Time or Part-Time position.

Who is eligible?

A Spouse Preference Eligible is a wife or husband of an active duty military member of the Armed Forces, including the Coast Guard or a member of the National Guard or Reserves on active duty. To be eligible for the preference, the spouse preference eligible must have entered into marriage with the military sponsor before the military sponsor's relocation to the new duty station. The spouse must be relocating within 30 days with the military member.

How Do I Apply?

During the online application process, while applying for the specific position, spouses must upload the following completed documents:

- Spouse Preference Form (Click here for form)
- Permanent Change of Station Orders (PCS)
- A copy of the Marriage License, unless the spouse is named on the PCS Orders

Transition Assistance Program

Employment Preference

This is a Department of Defense program that provides a hiring preference for military service personnel and their family members that have been affected by the downsizing of our military forces. Transitional Assistance preference applies to positions graded as NF-3 and below and equivalent hourly paid positions. If you have been affected by the military downsizing you may qualify for this special preference in the selection process.

Who is eligible?

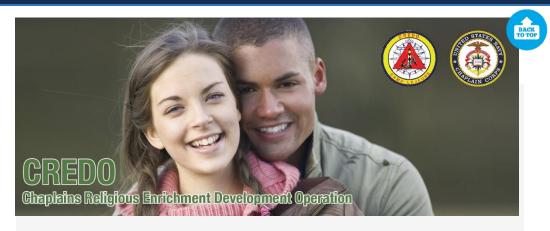
Preference in hiring for involuntarily separated members of the Armed Forces and eligible family members due to downsizing.

How Do I Apply?

During the online application process, while applying for a specific position, Transition Assistance eligible must upload the following completed documents:

Transition Assistance Form Copy of ID with "TA" stamped in red on the front of the card

You may apply at http://www.mccslejeune-newriver.com/jobs/



Bldg. 67, 2nd Deck, Camp Lejeune 910.450.6191 Monday - Friday: 7:30AM - 3:30PM

CREDO provides an assortment of opportunities to sea service personnel and their families. CREDO's goal is to help enrich and strengthen people's lives. Join the many who have reaped significant benefits from attending a CREDO retreat. CREDO provides a FREE weekend away within a positive, safe, and supportive environment to:

- ✓ Receive a greater understanding about life and yourself
- ✓ Increase trust and self confidence
- ✓ Strengthen relationships
- ✓ Gain a clearer perspective about others
- ✓ Experience personal and spiritual growth
- ✓ Strengthen marriages
- ✓ Resolve personal skills
- ✓ Learn to handle anger more constructively
- ✓ Improve communication skills
- ✓ Establish new friendships
- ✓ Have fun
- ✓ Relax

Who can attend? Active duty, retired and Reserve Navy, Marine Corps, Coast Guard personnel, DoD civilian employees, as well as family members with appropriate ID cards, 18 years or older, are eligible to attend.

Upcoming CREDO Marriage Enrichment Retreats and Workshops

- 5/19 Wilderness Personal Growth Expedition Register
- 5/26 CREDO One-Day Marriage Enrichment Workshop Register
- 6/10 Marriage Enrichment Retreat (MER) Beaufort, NC Register
- 6/23 Wilderness Personal Enrichment Expedition Register
- 8/5 Marriage Enrichment Retreat (MER) Springfield, MO Register





MCFTB Marriage Workshops

Marine Corps Family Team Building Bldg. 780, Brewster Blvd, Camp Lejeune Phone: 910.451.0176

Hours: Monday - Friday: 7:30AM - 4:30PM http://www.mccslejeune-newriver.com/mcftb/

MCFTB Marriage Workshops are part of their LifeSkills Training & Education Program, which facilitates workshops that offer opportunities for personal and professional growth. This training provides classes that cover a broad spectrum of life competencies in areas of communication, impact, relationships, and wellness. Classes offered:

- ✓ Discovering Your Right Fit
- ✓ Before I Do
- ✓ Prevention and Relationship Enhancement Program (PREP)
- ✓ Interpersonal Communication
- ✓ Basic Anger Management
- ✓ Basic Stress Management
- Conflict Management

Below are a few upcoming workshops designed for both married and single Marines/Sailors.

- 5/5 8AM Before I Do, Marriage Foundation Class [2 Day Class] MCFTB Building 780 classroom 12, Brewster Blvd, Camp Lejeune, NC
- 8AM Before I Do, Marriage Foundation Class [2 Day Class] Building AS-207 Curtis Road, New River Air Station NC
- 8AM Before I Do, Marriage Foundation Class [2 Day Class] MCFTB Building 780 classroom 12, Brewster Blvd, Camp Lejeune, NC
- Strong Military Couples LINKS Bldg. TT-2455E Iwo Jima Blvd 5/20 1PM Tarawa Terrace NC
- 8AM 12 Hours to a Great Marriage [2 Day Class] TT-2455E Iwo Jima 5/26 Blvd. Tarawa Terrace, NC 28543
- 8AM Before I Do, Marriage Foundation Class [2 Day Class] MCFTB Building 780 classroom 12, Brewster Blvd, Camp Lejeune, NC

To register for these classes, please click or tap here.





Marine Corps Family Team Building Bldg. 780, Brewster Blvd, Camp Lejeune Phone: 910.451.0176

Hours: Monday - Friday: 7:30AM - 4:30PM http://www.mccslejeune-newriver.com/mcftb/

Care. Connect. Make a Difference! Marine Corps Family Team Building (MCFTB) provides educational resources and services to foster personal growth and enhance the readiness of Marines, Sailors and their Families. MCFTB is comprised of the following:

- Unit, Personal, and Family Readiness Program Training
- Volunteer Coordinator Program
- ➤ Readiness & Deployment Support Program
- ➤ LifeSkills Training
- L.I.N.K.S.
- ➤ Chaplains Religious Enrichment Development Operation (CREDO)

Upcoming Family Readiness Training and Workshops

5/17 10AM Military Readiness Binder MCFTB Building 780 Brewster Boulevard Camp Lejeune

5/17 5:30PM While We Wait Club – MARSOC Kids In Deployment AS 207 New River Marine Corps Family Team Building

5/18 8:30AM L.I.N.K.S. for Spouses Workshop [1-Day In-Person] LINKS Bldg. TT-2455E Iwo Jima Blvd., Tarawa Terrace, NC

5/19 4PM In-Person - Four Lenses for Teens TT-2455E Iwo Jima Blvd., Tarawa Terrace, NC 28543

5/19 4PM Virtual - Four Lenses for Teens TT-2455E Iwo Jima Blvd., Tarawa Terrace, NC 28543

5/19 6PM CTA/FRA Training (1800-1930) & OPSEC/PII (1945-2030) Virtual via Adobe Connect

5/23 6PM Virtual L.I.N.K.S. for Parents and Family Members Virtual via Adobe Connect

5/24 10AM Family Care Plan MCFTB Building 780 Brewster Boulevard Camp Lejeune

5/25 10AM Destructive Weather: What's Your Plan? MCFTB Building 780 Brewster Blvd, Camp Lejeune

To register for these classes, please <u>click or tap here</u>.

Note: CTA/FRA - Command Team Advisor/Family Readiness Assistant DRC/URC - Deployment/Uniformed Readiness Coordinator



New Parent Support Program
Bldg. LCH 4007, Corner of Butler Dr. S and 4th St. Midway
Park
910.449.9501
Monday - Friday:
7:30AM - 4:30PM

The New Parent Support Program (NPSP) is a professional team of licensed social workers, counselors and registered nurses who provide educational and supportive services to military families. From the early stages of pregnancy to the development of your child up thru age 5, this program can better prepare you for parenthood. Our trained, supervised staff has extensive knowledge of the issues encountered by today's parents. Our team is sensitive to the unique challenges facing military families. We can help families cope with stress, isolation, pre and post deployment, homecoming reunions, and the everyday demands of parenting in the military. New ages and stages in child development bring different challenges. NPSP offers you the opportunity to express your concerns and ask questions about babies, young children and family relationships. All active duty personnel and family members who are expecting a child or have at least one child age 5 or under are eligible.

May 18, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park
May 25, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park
May 26, 2022	9AM	Baby Boot Camp Bldg. AS-207, MCASNR
Jun 1, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park
Jun 8, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park
Jun 15, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park
Jun 22, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park
Jun 23, 2022	9AM	Baby Boot Camp Bldg. AS-207, MCASNR
Jun 29, 2022	8:30AM	Baby Boot Camp LCH 4007 Midway Park

To register for these classes, please click or tap here.





Single Marine Program Information

Central Area Recreation Center Bldg 62, Lucy Brewer Rd., Camp Lejeune 910.451.1942

Hours

Monday - Friday - 10:00AM - 8:00PM

Saturday -1:00PM - 10:00PM

Sunday - 12:00PM - 8:00PM

Holidays - 12:00PM - 8:00PM

Inside the facility:

Free Wifi, Laptops and iPads. Ping pong /Foosball/billiard tables, Big screen & overhead TVs with DIRECT® TV programming (includes NFL Sunday TicketTM and UFC)

Gaming area - 6 large screen TVs, Corbeau[™] seats, and Xbox One®, Xbox 360® and PS4[™] game systems, Mini-theater, Shuffleboard. Free printing, fax and copying services

Events hosted by the SMP:

5/16 - 1100 Monday Matinee At Central Area

5/17 - 0900 Spring Cleaning Volunteer Event

5/17 - 1100 Asian American and Pacific Islander Celebration

5/18 - 1100 Memorial Day Paint In Motion

5/21 - 1500 Water Balloon Toss*

5/24 - 1100 Lunchtime Raffle*

5/25 - 1100 Early Remembrance Day Cook-Out

5/26 - 1100 Warm-Up Thursday

5/28 - 1500 Ice Cream Day

5/30 - 1500 A Day To Remember at Central Area Recreation Center

For more information on these events please go to: <u>Central Area Recreation</u> Center (mccslejeune-newriver.com)

SMP Volunteer Opportunities Register Here

5/17 - 9:00 Spring Cleaning Volunteer Event

5/19 - 9:00 French Creek Clean Up

5/19 - 9:00 Sand Ridge Elementary School Field Day

5/19 - 12:30 Sand Ridge Elementary School Field Day

5/21 - 7:15 MCCS Family Fun Run: May the Course Be With You

5/21 - 14:00 Volunteer to help with an Advance Screening of Top Gun: Mayerick

5/21 - 16:45 Volunteer to help with an Advance Screening of Top Gun: Mayerick

5/28 - 5:00 Run for the Warriors



Volunteer Coordinator Bldg 780, Brewster Blvd Camp Lejeune, NC 28547 910.451.0176

MCCSLej-NRVolunteerCoordinator@usmc-mccs.org

Monday - Friday: 7:30AM - 4PM

Volunteer Opportunities (mccslejeune-newriver.com)

Volunteers are making a difference in the Marine Corps! You too can make a difference in your military community by volunteering.

Continuous Volunteer Opportunities

Get involved! Become a Family Readiness Volunteer! See your DRC on how to get involved!

L.I.N.K.S. is looking for you!

Navy-Marine Corps Relief Society Volunteer Opportunity

Possumwood Acres Wildlife Sanctuary needs you!

Semper Fi Fund needs you!

Support the American Red Cross as a volunteer!

Wilmington Area Rebuilding Ministry (WARM) is looking for Volunteers like you!

5/17 - 7:30AM End of Grade Test Administration

5/19 - 7:30AM End of Grade Test Administration

5/21 - 5:30AM Jacksonville-Onslow Sports Commission

5/22 - 1PM Goodyear All American Speedway

5/28 - 4PM Goodyear All American Speedway

5/29 - 1PM Goodyear All American Speedway







Fitness and Recreation Information

Recreational Shooting
McIntyre-Parks Recreational Shooting Complex
R-100 Range Complex (Old Sawmill Road), Camp Lejeune
910.451.3889

Monday - Thursday: Closed Friday: 10AM - 4PM Saturday & Sunday: 9AM - 4PM

Pistol Range

The MCCS Recreational Pistol Range has temporarily relocated to Range D-30 (near O St. & Julian C. Smith St.). The reopening date of range F-11A Piney Green Road (near Sneads Ferry Rd.) is TBD. 910.451.3889

Monday - Friday: Closed Saturday & Sunday: 10AM - 3:30PM

Archery McIntyre-Parks Recreational Shooting Complex

Two Separate Shooting Venues:

An eight-lane practice course with stationary targets set at known distances of 10 to 50 yards

Archery Prices

\$7/day

10 Visit Pass Cards ages 16 and older \$50; ages 10-15 \$40

Rental Weapons (Bow) \$7/day

\$5 Fridays Archery Day Pass Fri, May 20, 10am – 4pm Only \$5 for an Archery Day Pass, valid 10AM-4PM. Bow rental not included.

\$5 Fridays Archery Day Pass Fri, May 27, 10am – 4pm Only \$5 for an Archery Day Pass, valid 10AM-4PM. Bow rental not included.

Pistol Range On-site retail store available to purchase ammo, hearing and eye protection, and targets.

Authorized MCCS patrons ages 13 and over; ages 13-17 must be under the direct supervision of parent/guardian. No one under the age of 13 is permitted at the facility. Customers must comply with all base regulations on firearms.

Pistol Range Prices

2 Hours of Shooting Time \$10 per person

Rental Weapons (Pistol) \$10

Skeet and Trap 7 skeet fields with 2 trap overlays Authorized ammunition - Only #7½, #8, or #9 lead shot authorized (only MCCS-purchased ammo is authorized in rental weapons)

Skeet and Trap Prices

Round of Skeet or Trap \$6 (discount cards available - 10 rounds for \$55)

Rental Weapons (Shotgun) \$10/day

\$6 Skeet Token Day
Fri, May 27, 10am – 4pm
Learn new skills or tune up current skills. \$6 per round (max 5 tokens). Open to patrons 13 years and older. T...

Big 50 Sporting Skeet Shoot Register Fri, May 27, 10am – 3pm

Take aim at 50 targets! \$15 per shooter. Prizes for 1st, 2nd, and 3rd place. Patrons may bring their own gun (...

Extreme Wheels Skate Park AS-612 Agan St., MCAS New River 910.449.0294 or 910.449.5844 Hours: 24/7 Open to all authorized patrons 10 years and up

The 8500 sq. ft. Skate Park is located next to the Inline Hockey Rink on Agan St. The park is open to all authorized patrons 10 years and up and will be used for both recreational skate and competitions. Highlights in the park are intermediate jumps, grinding rails, and two long runs starting and ending with either quarter pipe or half pipe platforms, culminating in the regions only super bowl platform.

Skateboarding, in-line skating & riding BMX bikes involve inherent risk of injury, including death. The rules posted at this facility are for the protection and safety of all patrons. Continued operation of this park is contingent upon your full cooperation in abiding by all posted rules.

Features:

- Intermediate jumps
- Grinding rails
- Quarter pipe & half pipe platforms
- Super Bowl Platform

NOTE: PATRONS WHO FAIL TO WEAR ALL REQUIRED PROTECTIVE EQUIPMENT OR OTHERWISE FAIL TO COMPLY WITH ASO 1710.40, POSTED RULES, OR THE DIRECTION OF PMO/MCCS STAFF MAY BE SUBJECT TO CITATION, ADMINISTRATIVE AND/OR PUNITIVE ACTION OR BOTH.



Important Suicide Prevention & Counseling Services



Suicide Prevention Community Counseling Center Bldg. 799B Brewster Blvd., Camp Lejeune 910.451.2864 Monday - Friday: 7:30AM - 4:30PM

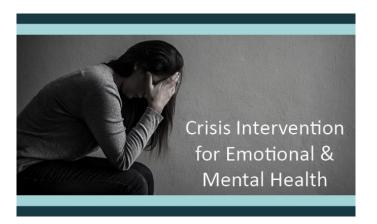
National Suicide Prevention Lifeline Call 1-800-273-8255 Available 24 hours everyday

Saving lives requires vigilance. Each tragic loss to suicide has far reaching impact on families, friends, and Marines left behind. At the unit level, suicide effects morale, unit cohesion, and ultimately unit effectiveness and readiness of Marines. Our prevention programs are designed to help Marines who are thinking about suicide or engaging in suicidal behavior, and those who may be at risk for suicide because of a mental disorder, or because they belong to a group with higher rates of suicide attempts or deaths. Services provided are:

- Develop in all Marines the skills needed to recognize and address suicide warning signs, which include appearing overwhelmed by recent stressors; experiencing a fall from glory, loss of honor, and change in status within a unit or relationship; withdrawing from friends, family and society; losing interest in hobbies, work and school; feeling helpless, worthless and trapped in a situation.
- Common risk factors and triggers that should not be ignored are legal or disciplinary problems, relationship problems and financial problems. Substance abuse, behavioral health diagnosis and Permanent Change of Station (PCS) problems appear to increase risk for suicide.
- The DSTRESS Line provides 24/7 phone, chat and Skype line counseling services utilizing a "Marine to Marine" approach.

- Confidential care worldwide ensuring access to behavioral health services and assisting Marines and families in navigating the many support resources available.
- Care coordination and continued 90 day follow-up through the Marine Intercept Program for all Marines identified with suicidal ideation or attempt.
- Conquering Stress with Strength is the newest practical application workshop facilitated by Marine Corps Family Team Building providing skills to effectively respond to high-stress situations that include suicide prevention.

Learn More - Marines, Sailors, and their families may access help directly through Community Counseling Program. There is no wrong door for getting help. Counselors conduct screenings, actively assess needs, provide counseling, and connect Marines and families with additional resources through referrals and direct handoffs between programs and facilities. If you recognize warning signs or believe someone is in immediate danger, call 911 or seek help from a mental health care.



Community Counseling Center Crisis Intervention for Emotional and Mental Health

CCP provides psychological first aid response upon command request during normal business hours by calling the Community Counseling Center at 451-2864. Psychological First Aid is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping. For more information please visit their website at: http://www.mccslejeune-newriver.com/counseling/#





Lejeune-New River SkillBridge Program Bldg 824, Camp Lejeune 910.451.3922 Mon - Fri | 8:30AM - 4PM

SkillBridge Employment Training Program is available to all eligible service members. All courses are geared toward learning high-demand industry-specific skills with the high-probability of securing employment prior to exiting the military. Courses offer job interviews, placements, or certifications to enhance entry into the workforce. The SkillBridge Employment Training Program (SETP) is pursuant to MARADMIN 350/18 and NAVADMIN 222/15.

5/11 - 1130 - 1300	SkillBridge Information Session
5/11 - 1400 - 1530	SkillBridge Information Session
5/18 - 0900 - 1030	SkillBridge Information Session
5/25 - 1130 - 1300	SkillBridge Information Session
6/1 - 0900 - 1030	SkillBridge Information Session
6/1 - 1130 - 1300	SkillBridge Information Session
6/8 - 0900 - 1030	SkillBridge Information Session
6/8 - 1130 - 1300	SkillBridge Information Session
6/15 - 0900 - 1030	SkillBridge Information Session
6/15 - 1130 - 1300	SkillBridge Information Session

Programs Offered

Troops into Transportation
Powerline Technician
CVS Store Manager in Training (SMiT)
Airstreams Renewables, Inc.
Veterans in Piping (VIP)
Basic Law Enforcement Training (BLET)
Onward 2 Opportunity
Coastal Carolina Community College CDL Training
Miller-Motte CDL Training
Applied Information Technology

<u>Click or Tap Here</u> to register or for more information





ONSLOW COUNTY

Est. 1734

Our mission is to deliver exceptional services that enhance the quality of life within our County

Onslow County Community Resource Guide

Shelters

Agency Name: American Red Cross, Onslow County Chapter

Address: 12 Ruth St Jacksonville, NC 28540

Phone: (910) 347-3581 Hours: 8:30 AM – 5:00 PM

Website: https://www.redcross.org

Service(s) offered: Shelter

Agency Name: Coastal Women's Shelter

Address: 1333 S. Glenburnie Rd, New Bern, NC 28561

Phone: (252) 638-4509 Hours: 8:00 AM – 5:00 PM

Website: https://www.domesticshelters.org/help/nc/new-bern/28561/coastal-

women-s-shelter

Service(s) offered: Emergency shelter

Agency Name: Onslow Community Outreach

Address: 600 Court St Jacksonville, NC 28540

Phone: (910) 455-5733 Hours: 9:00 AM – 5:00 PM Website: http://onslowco.org/

Service(s) offered: Emergency shelter

Agency Name: Onslow County Youth Services

Address: 220 Georgetown Road Jacksonville, NC 28540

Phone: (910) 455-1202 Hours: 8:00 AM – 5:00 PM

Website: https://www.onslowcountync.gov/223/Youth-Services

Service(s) offered: Temporary shelter

Agency Name: Onslow Women's Center

Address: 226 New Bridge St Jacksonville, NC 28540

Phone: (910) 238-2941 Hours: 8:00 AM – 5:00 PM

Website: https://www.onslowwc.org
Service(s) offered: Emergency shelter

Agency Name: Religious Community Services (RCS)

Address: 919 George St New Bern, NC 28560

Phone: (252) 633-2767

Hours: Monday – Friday 8:00 AM – 4:00 PM

Saturday 8:00 AM – 2:00 PM

Website: https://www.rcsnewbern.com Service(s) offered: Homeless shelter

Substance Abuse Prevention

Agency Name: Addiction Services of Coastal Carolina

Address: 230 New Bridge St Jacksonville, NC 28540

Phone: (910) 347-4477

Hours: Monday - Thursday 9:00 AM - 4:00 PM

Website: N/A

Service(s) offered: Chemical dependency, alcohol, drug counseling

Agency Name: Brynn Marr Hospital

Address: 192 Village Dr Jacksonville, NC 28546

Phone: (910) 577-1400 Hours: Open 24 hours

Website: https://brynnmarr.org

Service(s) offered: Addiction services

Agency Name: CG Counseling and Consulting

Address: 221 New Bridge St Jacksonville, NC 28540

Phone: (910) 378-7676 Hours: Open 24 hours

Website: https://www.cgcounseling.com

Agency Name: Community Prevention Services

Address: 2444 Commerce Rd Jacksonville, NC 28546

Phone: (910) 353-0972 Hours: 8:00 AM – 5:00 PM

Website: https://communityprevention.webs.com

Service(s) offered: Substance abuse prevention services

Agency Name: Consolidated Human Services

Address: 612 College St, Jacksonville, NC 28540

Phone: (910) 347-2154 Hours: 8:00 AM – 5:00 PM

Website: https://www.onslowcountync.gov

Service(s) offered: Treatment and recovery services for substance use

disorders

Agency Name: Jacksonville Treatment Center

Address: 806 Bell Fork Rd Jacksonville, NC 28540

Phone: (910) 347-2205

After hours crisis number: (910) 320-3463 Hours: Monday – Friday 5:30 AM – 12:00 PM

Saturday 6:30 AM – 9:00 AM

Website: https://www.jacksonvillencdrugrehab.com

Service(s) offered: Addiction treatment

Agency Name: New Insights DWI Services and Counseling Center

Address: 1007 Hargrett St Jacksonville, NC 28540

Phone: (910) 324-4887

Hours: Tuesday, Thursday 1:30 PM – 6:00 PM Website: https://newinsightsservices.com

Service(s) offered: DWI assessment, treatment and evaluation

Agency Name: Port Human Services

Address: 231 Memorial Dr Jacksonville, NC 28546

Phone: (910) 353-5354 Hours: 8:00 AM – 5:00 PM

Website: https://www.porthealth.org

Service(s) offered: Mental health, substance use and substance dependence

services

Agency Name: Trillium

Address: 1708 E Arlington Blvd, Greenville, NC 27858

Phone: (866) 998-2597 Hours: 8:30 AM – 5:00 PM

Website: https://www.trilliumhealthresources.org

Service(s) offered: Mental health, substance abuse, provides resources

Support Groups

Agency Name: Al Anon Meetings - A Serenity Place

Address: 215 Memorial Dr Jacksonville, NC 28546

Phone: N/A

Hours: Meets Wednesday 6:30 PM

Meets Saturday 8:00 PM Website: https://al-anon.org

Service(s) offered: Alcoholic anonymous meetings

Agency Name: AA Jacksonville Address: See calendar for location

Phone: (910) 455-3666

Hours: See calendar for meeting times Website: http://aajacksonvillenc.org

Service(s) offered: Alcoholic anonymous meetings

Agency Name: Alzeihmer's Support Group

Address: 4024 Richlands Hwy Jacksonville, NC 28540

Phone: (910) 989-3007

Hours: Meets 2:00 PM second Tuesday of the month

Website: https://www.onslowcountync.gov/643/Alzheimers-Support-Group

Service(s) offered: Support group

Agency Name: Compassionate Friends Jacksonville Chapter

Address: 111 Roosevelt Rd Jacksonville, NC 28540-6525

Phone: (910) 358-2650

Hours: Meets 7:00 PM third Tuesday of the month Website: https://www.compassionatefriends.org

Service(s) offered: Grief support group

Agency Name: Diabetic Support Group

Address: 4024 Richlands Hwy Jacksonville, NC 28540

Phone: (910) 989-3017

Hours: Meets 9:00 AM – 11:00 AM second Tuesday of the month

Website: https://www.onslowcountync.gov/644/Diabetic-Support-Group

Service(s) offered: Support group

Agency Name: Family Support Network of the Crystal Coast

Address: FSN of Eastern North Carolina PO BOX 30040 Greenville, NC

27858

Phone: (252) 917-4110

Hours: N/A

Website: https://www.facebook.com/groups/110447526581/about Service(s) offered: Support group for children with disabilities

Agency Name: Foundation for Hospice

Address: 116 Chaney Ave Jacksonville, NC 28540

Phone: (910) 455-3925

Hours: Tuesday – Thursday 8:30 AM – 3:30 PM

Website:

http://getconnected.volunteeronslow.org/agency/detail/?agency_id=1454

Service(s) offered: Grief support services

Agency Name: Keep It Basic Group

Address: See website for meeting locations

Phone: See website for contact info Hours: See website for meeting times Website: http://aajacksonvillenc.org

Service(s) offered: Alcoholics anonymous support group

Agency Name: New Parent Support Program

Address: 900 Dennis Rd Jacksonville, NC 28546

Phone: (910) 938-0336

Hours: See website for meeting times Website: https://www.oneplace.com

Service(s) offered: New parent support group

Agency Name: North Carolina Coalition Against Domestic Violence

Address: 3710 University Dr, #140, Durham, NC 27707

Phone: (919) 956-9124

Hours: N/A

Website: https://nccadv.org/get-help

43 | O nslow County Community Resource Guide Service(s) offered: Domestic violence support groups

Agency Name: Old Timers Serenity Group

Address: 1528 Gum Branch Rd Jacksonville, NC 28540

Phone: (910) 346-9727

Hours: Thursday 8:00 PM – 9:00 PM

Website: https://aajacksonvillenc.org/?tsml_meeting=old-timers-serenity-

group

Service(s) offered: Alcoholics anonymous support group

Agency Name: Onslow County Breast Feeding Coalition

Address: 58 Doris Avenue E Jacksonville, NC 28540

Phone: N/A

Hours: Every second Monday of the month 6:00 PM Website: https://www.facebook.com/OnslowBreastfeeds/

Service(s) offered: Breastfeeding support

Agency Name: PEERS Family Development Center

Address: 151 Chaney Ave Jacksonville NC 28540

Phone: (910) 333-9725 Hours: 8:00 AM – 5:00 PM

Website: https://www.peersfamilydevelopmentcenter.com/

Service(s) offered: New parent support, new parent classes, childcare

Agency Name: Primary Purpose Group

Address: 2429 Commerce Rd Jacksonville, NC 28546

Phone: (910) 347-1094

Hours: Sunday 6:00 PM - 7:00 PM

Website: https://aajacksonvillenc.org/?tsml_meeting=primary-purpose-group-

Jacksonville

Service(s) offered: Alcoholics anonymous support group

Agency Name: Sharing and Caring Widows Group

Address: 1528 Gum Branch Rd Jacksonville, NC 28540

Phone: (910) 346-9727

Hours: Second Saturday of the month 10:00 AM

Website: http://northwoodsumc.org

Service(s) offered: Loss of a spouse support group

Agency Name: The Sunrise Group

Address: 115 B Henderson Dr Jacksonville, NC 28540

Phone: (910) 238-2475

Hours: Monday-Saturday 8:00 AM

Website: http://aajacksonvillenc.org/?tsml_location=backroom-

barbershop&tsml-type=ST

Service(s) offered: Alcoholics anonymous support group





For more information on these events, please visit the link below. Event Calendar | Things To Do In Onslow County | Only In Onslow

Moore Buick Gmc New River Splash Triathlon Duathlon & 5K
May 20, 2022 - 5:30 pm - 8:00 pm
May 21, 2022 - 7:30 am - 10:30 am
Kerr Street Park
36 Kerr Street
Jacksonville, NC 28540
910-347-3141

Join us for sunset yoga, boat tours, free kayaking and SUP and visit vendors on Friday from 5:30-8pm. Join us for the Fourth Annual New River Splash Triathlon, Duathlon & 5k presented by Moore Buick GMC! Located in Jacksonville, NC, home of Marine Corps Base Camp Lejeune and Marine Corps Air Station New River. Events kicks off Saturday morning at 7:30am.

Rolling Thunder XXXIV
May 28, 2022 - 9:00 am - 2:00 pm
May 29, 2022 - 9:00 am - 3:00 pm
American Legion Building
146 Broadhurst Road
Jacksonville, NC 28540

Saturday, May 28, 2022 9-10am. Opening Ceremony / Presentation of Colors / Table Ceremony / Speakers 10am-5pm. Food Trucks / Vendors / Music 10am-2pm. Individual Ride, Stops to be published. Riders check in @ 9am. American Legion 146 Broadhurst Rd. Jacksonville, NC 28540 to receive map of stops to local POIs. SUNDAY, MAY 29, 2022 Ride For Freedom American Legion Post 265 146 Broadhurst Rd. Jacksonville, NC 28540 9am-11 am. Registration. KSU 12pm. (No ride fee, but cash donations accepted.) 10am- Religious Service 10am-3pm- Food trucks, Vendors, Music 12pm - Law Enforcement Escorted ride through Onslow County. (Route TBD) 1:30pm-3pm- Speakers program, tributes, closing ceremony. P.O.C: Paul Levesque, RTNC State Liaison – 910-389-7319 Alan Anderson RNC5 President- 910-381-4294

Goodyear All American Speedway: Remember The Fallen May 28, 2022 - 6:00 pm - 11:59 pm Goodyear All American Speedway 4744 Richlands Hwy Jacksonville, NC 28540 910-708-0202

Saturday, May 28 – Remember The Fallen 235/Military Appreciation Night Goodyear All American Speedway remembers those who paid the ultimate sacrifice while hosting an action packed night of racing. Active duty and retired military get in for \$5.

