



Lejeune Happenings

December 1, 2021



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*Headquarters Company, 2d Marines
Invites you to Our Holiday Party
Friday, December 10, 2021
11:00 a.m. – 1:30 p.m.
At Marston Pavilion*



FUN FOR THE WHOLE FAMILY

INCLUDING:

*Snacks, Games, Crafts, Music and
Great Door Prizes!!*

SANTA CLAUS WILL ARRIVE AT 12:00 PM

If you are planning to attend this event please

[RSVP Here](#) no later than December 6, 2021

We Hope To See You There!

***"I'm not a product of my circumstances; I'm a product of my decisions."
Stephen Covey***

7 HABITS

Keynotes

Friday, December 10, 2021

9:00 a.m. – 11:00 a.m.

At Marston Pavilion

Do you have the right habits? Do you want to feel more effective, efficient and fulfilled? Habits are powerful and determine how effective or ineffective we are. 7 Habits-Keynotes shows you how to live that effective and fulfilled life through incredible habit building strategies. 7 Habits-Keynotes leads you to a personal and interpersonal development creating an immediate and permanent impact at work and in your personal life. If you would like to attend this workshop please [RSVP Here](#) no later than 7 December 2021. We hope to see you there!



"If I really want to improve my situation, I can work on the one thing over which I have control – myself." Stephen Covey

Looking for Family Readiness Volunteers!



Volunteer Appreciation 2020



Volunteer Appreciation 2019

Have you ever wanted to feel like you are part of your Marine or Sailor's unit? A great way to do that is to become part of the Unit and Family Readiness Program as a Family Readiness Assistant or Volunteer. As a Family Readiness Assistant, you will play a vital role in helping maintain the readiness of 2nd Marines "Marine Family." By becoming a volunteer, you will assist the Deployment Readiness Coordinator (DRC) in planning, coordinating, and execution of unit events. It is also an opportunity to meet other family members in 2nd Marines and make some friends and you become part of the support group that assists one another and other members of the unit. We welcome you to provide new ideas and to assist with planning unit Family Readiness activities. So, whether you have plenty of time or only a few hours a month, we would love for you to become part of the Family Readiness program! If you would like more information on volunteering, contact the DRC at 910-381-6778. We look forward to hearing from you!

"To support my husband in ministering to all the active duty members and their families and to set an example of service for my girls." **Lexie T.**



Christmas Gift Assistants (Santa's Elves)

"I volunteer so that I can be involved in positive things that are going on in my community, and to make a difference." **Megan L.**

"To help me understand the ins and outs of this ever-changing military family life. I also love the sense of community that is felt from going through various experiences with other military spouses." **Chances J.**

I volunteer to help other wives navigate this lifestyle. There is so much knowledge and information to be shared and I love being able to share that with others to better our families and the battalion." **Joy P.**



This is the official 2nd Marine Regiment Family Resource group! This is the group where the people who are special to the Regiment come to connect with the Command, with other families, their Marines, and resources that make our Marines and families stronger- because the people who are special to our Marines are special to us. Please feel free to express your opinion about the Marine Corps in an objective and respectful way that allows for continued development of information relationships. This resource page is also intended to be family-friendly. Please keep your comments fair, professional, and clean. If you would like to become a member of this group, please [click here](#). In order to be part of this group you must be on your Marine/Sailor's authorized contact list. When you request to be part of the group, please let us know your Marine/Sailor's name.

Key Points of Contact

2d Marines Deployment Readiness Coordinator

Dale Kerns
Office: 910-451-0223
Blackberry: 910-381-6778

2d Marines Chaplain (Confidential):

LCDR Doyl E. McMurry
Office: 910-451-5370
Blackberry: 910-372-2725
Duty Chaplain (24 HRS): 910-376-5810

Single Marine Program (SMP)

Base Administrative Center
Office: 910-451-4642
2d Marines SMP NCO
Cpl Dallas Curtis
Office: 910-451-2404

Military & Family Life Counselors (MFLC)

2d Marines HQ MFLC
Direct: 910-408-9485





MCI East Information and Updates

Tenant Satisfaction Survey

We need your help! Marines, Sailors, and families who live on base should have received an email from “Robert D. Niehaus, Inc ” that contains your unique survey link. The email would have gone to the address you provided to AMCC. This is one of the mechanisms used to hold the housing partner accountable and better take care of families. This is your chance to discuss their needs and concerns. If you didn't receive the link for the survey, please contact the housing office.

Trees for Troops, Dec. 9

MCCS Lejeune-New River has partnered with the Christmas Spirit Foundation and FedEx to give away free Christmas trees during our Trees for Troops event. Distribution begins at 8 a.m. at the Paradise Point Golf Club on Camp Lejeune. Trees will be distributed to anyone with a DoD ID card on a first come, first served basis. No trees will be reserved; one tree per ID. For details, visit www.mccslejeune-newriver.com/events.

Pick-up Touch Rugby Every Wednesday at Goettge Fields

All Marines, Sailors, and civilians are invited to come out and join in a weekly pick-up game of touch rugby! This low contact version of the game is easy to learn, a great way to break up your weekly PT routine, and get some cardio in. Touch Rugby will occur from 11:30 a.m. to 12:30 p.m. every Wednesday, starting Nov. 24 through Feb. 23, 2022.

When: Wednesdays at 11:30 a.m.

Where: Goettge Fieldhouse fields (grass or turf)

POC: Maj. Jim McGeady, All Marine Rugby OIC, Cell: 303-961-6147

Military Leaders Economic Security ToolKit

A military family's economic security is critical to mission readiness. This toolkit helps define economic security issues and provides tools and resources to help you support your service members. This toolkit helps leaders and service providers support this economic security of service members. Please see <https://www.militaryonesource.mil/leaders-service-providers/economic-security/>.

Education Updates From The School Liaison Officer

FREE PRIVATE SCHOOL

NC has approved an increase to the Opportunity Scholarship that provides private school tuition for income eligible families, for a family of two that is \$56k and it goes up to almost \$90K depending on family size. The scholarship pays approximately \$5,900 per child which is more than the private school tuition currently in Onslow County. For more information families can visit: <https://www.ncseaa.edu/opportunity> Please note, the income and scholarship amounts have not yet been updated there, so families should contact OpportunityScholarships@ncseaa.edu for more specific information in the meantime.

DoDEA PILOT PROGRAM

We are waiting to learn whether Camp Lejeune has been approved for a 3-year Pilot Program that would allow families who live off base to apply to have their children attend school on base. We should have additional information in early 2022 about whether we have been approved and what criteria will be used to fill the space available slots aboard the base. The School Liaisons provide updates through their FB page: www.Facebook.com/camplejeuneschoolliaison

PURPLE STAR SCHOOLS

NC is in the 3rd year of a program to certify schools as Purple Star Schools if they meet criteria by completing tasks to document they are military friendly. Currently all DoDEA base schools, all Pender County and Carteret County Schools are rated as Purple Star. Approximately half of Onslow County Schools have earned that designation. To learn if a specific school has Purple Star status, parents can visit the NC Schools Report Card site and look for the Purple Star on their school report card. That site is: <https://ncreports.ondemand.sas.com/src/>. They can also visit <https://www.dpi.nc.gov/students-families/student-support/nc-supports-military-children/purple-star-award> and scroll to the bottom of the page for a link to all Purple Star Schools.

REMINDERS AND UPDATES

Body Composition Study Open Now

The Human Performance Office is seeking active duty and SMCR Marines to participate in the Marine Corps Body Composition Study on MCB Camp Lejeune. The study will be open from 8 a.m. to 4 p.m. at Goettge Memorial Field House. The study will assess body composition standards and methods in relation to individual performance metrics to ensure that standards continue to strike the right balance between health, fitness, performance and military appearance.

For more information or to schedule an appointment, please email SMB_CLNC_HPB_STUDIES@usmc.mil three to five dates and times that you are available to conduct the approximately 30-minute assessment.

Onslow Beach Fishing Access Road, Nov. 17 through March 2025

As part of the Task Force Florence hurricane reconstruction projects, the dirt road north of the Onslow Beach Bridge on the Eastside of the Atlantic Intracoastal Waterway will be closed for repairs. This closure also includes the fishing pier on the island side of the Atlantic Intracoastal Waterway, east of the bridge. The project is expected to be complete in March of 2025.

Seeking Research Volunteers: CAMP – Complex Assessment of Military Performance

Help validate a novel RTD (Return-to-Duty) assessment of concussion to improve readiness for RTD decisions. Inclusion Criteria: 18-45 years of age, no concussion in the last 24 months, no major cardiac, neurological or psychiatric disorders, not on a profile, eligible for deployment, functional hearing and vision. Participation is Voluntary! Contact Ashlee Bull, Research Coordinator at (717) 659-3238 or abull@genevausea.org to participate.

The study protocol was approved by the Naval Medical Center Portsmouth Institutional Review Board in compliance with all applicable Federal regulations governing the protection of human subjects.

2021 Combined Federal Campaign

The Combined Federal Campaign (CFC) is a 60-year federal workplace giving tradition that has raised more than \$8.5 billion for charitable organizations. It is one of the largest workplace giving campaigns in the world. The funds raised

each fall through this campaign help neighbors in need around the corner, across the nation, and throughout the world. The 2021 CFC solicitation period will run through January 15, 2022. New employees may make pledges within 30 days of entry on duty, if outside of the campaign solicitation period. Federal employees can make a pledge online via the centralized giving platform. Donors can choose a payroll deduction or a one-time or recurring monthly pledge via a credit card, debit card, or direct bank transfer. This year, in addition to our online CFC Giving System, an enhanced CFC Giving Mobile App for Apple and Android devices allows donors to pledge on the go through charity fairs, campaign events, and more. Additional information may be found online at <https://carolinasfc.givecfc.org>.

Contributions may be made online at <https://carolinasfc.givecfc.org>, and selecting the "Donate" tab. You will be prompted to create an account if you didn't create one last year.

Ensure your account profile indicates the following information 6-digit CFC Office Code and your Department, Agency, and Office data will auto-populate:

- **MCB Camp Lejeune**
 - Active Duty: DGYPBV
 - Civilian: DDL5WX
- **MCAS New River**
 - Active Duty: E59VJG
 - Civilian: DC5JCN
- **Medical Center**
 - Active Duty: H4EF50
 - Civilian: 165NV5

All contributions, no matter how great or small, can have a huge impact, and in many cases, change someone's life.

MCCS Tree Lighting presented by USAA®

Sun., Dec. 5 | 4:30 -6 PM

MCAS New River, Lawn between Bowling Center and Station Theater

Let's light up the night to celebrate the start of the holiday season! The MCAS New River station CO along with Santa will light a huge Christmas tree for our community to enjoy during the entire holiday season. Enjoy free hot cocoa and popcorn while gathering some holiday cookie kits and craft goodies to make at home. (While supplies last.) Great place to take your family holiday card photo too! GIVEAWAYS! Patrons will have a chance to win some special gifts thanks to our sponsors. LETTERS to SANTA DROP OFF - Children can bring letters to Santa and drop them off in Santa's mailbox. Letters should include child's

name and return address so that Santa can respond when he returns to the North Pole. This event is FREE and open to all authorized patrons.

Register Now-Dec. 9 for 2022 Intramural Softball League
Games begin Jan. 19, 2022. Free and open to active duty military only.
Information and registration forms available online: <http://www.mccslejeune-newriver.com/sports/>.

Announcements

- Spare Time Sports Grill Closed: Spare Time Sports Grill is closed until further notice due to maintenance. <http://www.mccslejeune-newriver.com/bowling/>
- Recreational Pistol Range Closed Nov. 15-Dec. 3: The Recreational Pistol Range will be closed for repairs Nov. 15-Dec. 3. It is scheduled to reopen Dec. 4. <http://www.mccslejeune-newriver.com/shoot/>
- Harriotte B. Smith Library is OPEN: Road construction on Birch Street has blocked the main entrance to the library's parking lot. You may access the library using the temporary entrance off West Street or you may also use the Dogwood St. entrance. For map and full details, visit <http://www.mccslejeune-newriver.com/libraries/>.

For a full listing of events, visit www.mccslejeune-newriver.com/events.

COVID-19 Information Updates

Vaccination Sites –

- **Wallace Creek Fitness Center**
Monday through Friday from 7 a.m. to 3 p.m.
- **Goettge Memorial Field House – II MEF Marines and Sailors Only**
Monday through Friday from 7:30 a.m. to 4 p.m.

Note: COVID-19 Vaccine booster shots are now available for some TRICARE beneficiaries at the Wallace Creek Fitness Center. Please review the COVID-19 vaccine information on NMCCCL website to find out if you are eligible for a booster: <https://camp-lejeune.tricare.mil/Getting-Care/Visitor-Guidelines/COVID-19-Vaccine-Information>.

COVID Testing Sites – Now Closed Weekends and Holidays

If you have COVID-like symptoms on a Saturday or Sunday, you may visit the NMCCCL Emergency Department for further evaluation.

- **Acute Respiratory Clinic** – TRICARE Beneficiaries & GS Employees
 Monday – Friday, 8 a.m. to 3:30 p.m.; closed on Saturday and Sunday
 No appointment necessary
 Building NH-200 in front of Main Medical Center
 Focus on symptomatic patients who would like to see a provider. If testing is needed, beneficiary will be directed to the Test Tent.
 COVID-19 Help Line – (910) 450-2956 is open M-F 8 a.m. to 3:30 p.m.
- **Testing Tent** – Active Duty, TRICARE Beneficiaries, GS Employees
 Monday – Friday, 8 a.m. to 4 p.m.; closed Saturday and Sunday
 Appointments or drive up available. Call (910) 450-4357 to make an appointment.
 In between Building NH-200 & Main Medical Center, off Recovery Way
 Focusing on both routine COVID-19 testing and other tests as requested by a provider (e.g. flu, strep).
- **Active Duty COVID-19 Testing Site** – Active Duty Only
 Monday – Friday, 7:30 a.m. – 3:30 p.m., closed weekends, holidays and II MEF liberty periods
 Bldg. 416, 6th Marine Regiment Regimental Aid Station (RAS) on I Street
 Contact unit medical first for screening before arriving

Face Covering Policy

Per updated DoD guidance in areas of substantial or high community transmission, all personnel – vaccinated and unvaccinated – are required to wear a mask in indoor settings on installations. This applies to all service members, dependents/beneficiaries (retirees), federal employees, onsite contractor employees, and visitors entering installation facilities.

HPCON Elevation to Bravo +

To slow the community transmission of COVID-19, preserve healthcare capacity, and protect Department of Defense Education Activity (DoDEA) and public schools prior to the upcoming school year, MCB Camp Lejeune and MCAS New River have elevated their Health Protection Condition (HPCON) from Bravo to Bravo +. The following restrictions are now in effect:

1. Restrictions to classroom training
 - a. Suspension of all non-essential indoor classroom instruction until after mass vaccination.
 - b. Mission essential indoor classroom instruction requires:
 - i. LtCol-level approval
 - ii. Six feet spacing
 - iii. Continued wearing of masks at all times
 - iv. Training aids and devices not shared
 - v. Daily screening for symptoms

2. Individual commands must ensure:

A. Symptomatic Personnel: Individual commands must ensure personnel who are symptomatic (vaccinated and unvaccinated) seek testing immediately and isolate at home or barracks pending the test results.

B. Unvaccinated Close Contacts: ROM immediately for 14 days from the date of exposure to a confirmed case. Seek a COVID-19 test 3-5 days following the exposure. A negative test does not remove the 14-day ROM requirement.

C. FULLY vaccinated Asymptomatic Close Contacts: Seek a COVID-19 test 3-5 days following the exposure, but may continue to work as long as they remain asymptomatic and wear a mask. *Supervisor discretion IRT remaining at work or sent home. IF they test positive, they must isolate at their home/barracks 10 days from the date of their positive test OR the date their symptoms first appeared.

3. Units and activities must strictly enforce ROM protocol on service members and employees to ensure that they do not circulate the base while sick.

4. Restrict the size of indoor gatherings on base and encourage Marines and Sailors to avoid large gatherings off base.

5. Commanders, AC/S and Special Staff Directors consider telework and port/starboard work schedules when needed to protect capability. If possible, employees should be organized into cohorts and the cohorts kept separate to reduce chances of cross-contamination.

6. Commanders, AC/S and Special Staff Directors consider telework for at-risk employees.

For the latest information on COVID-19, vaccine clinics and testing sites, please visit <https://camp-lejeune.tricare.mil/Getting-Care/Visitor-Guidelines/COVID-19>

Flu Vaccine Now Available for TRICARE Beneficiaries

The 2021 flu shot is now available for all TRICARE beneficiaries' ages 6 months and older. For more information, please visit: <https://camp-lejeune.tricare.mil/Health-Services/Preventive-Care/Immunizations>.

- **TRICARE Beneficiaries 12 years and older**

Wallace Creek Fitness Center Gym – No appointment needed

Monday through Friday, 7 a.m. to 3 p.m.; open until 4 p.m. on Wednesday through Nov. 17

- **TRICARE Beneficiaries 6 months to 11 years old**

NMCCCL Immunization Clinic – No appointment required

Monday through Thursday, 8 a.m. to 4 p.m.; open until 5 p.m. on Wednesday through Nov. 17

Friday, 8 a.m. to noon and 2 to 3:30 p.m.

Due to updated Defense Health Agency policy, flu vaccines are for TRICARE beneficiaries and DoD employees who work in a health care setting only. If the influenza vaccination is required as part of your employment aboard the installation, there are other options for receiving your flu vaccine:

- Onslow County Health Department (612 College St, Jacksonville)
By appointment: 910-347-2154
- CVS, Piggly Wiggly, Publix, Realo Drugs, Walgreens, and Walmart also offer the flu vaccine, but please call to confirm they have vaccines in stock before arriving.



MCCS Events & Announcements

Holiday Meals To Go - Christmas

Wed, Dec 1, 8am – 4pm

Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45

Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95

Pineapple glazed ham (5-7 lbs.) \$55

Four cheese macaroni & cheese (2 qts.) \$16

Mashed potatoes (2 qts.) \$14

Cornbread stuffing (2 qts.) \$12

Candied yams (2 qts.) \$12

Southern green beans (2 lbs.) \$12

Turkey gravy (2 qts.) \$10

Cranberry sauce (8 oz.) \$2

Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

Package Deals - All packages include turkey and/or ham, plus the sides listed below. The 24-26 lb. turkey package and the Holiday Feast package include double sides and extra pie.

Whole Roasted Turkey (12-14 lbs., serves 8-10 people) \$105

Pineapple Glazed Ham (5-7 lbs., serves 8-10 people) \$110

Whole Roasted Turkey (24-26 lbs., serves 20-24 people) \$210

Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310

*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)

Cornbread stuffing (2 qts.)

Candied yams (2 qts.)

Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

Order, Payment & Pick-up Information

Orders may be placed in-person at Paradise Point Officers' Club or by calling 910-450-7981 (Mon.-Fri, 8AM-4PM; holidays may vary).

Contactless pickup is available -- just drive up to the awning at Paradise Point Officers' Club and we'll be waiting for you!

Thanksgiving orders may be placed beginning Oct. 25 and must be received by 4PM on Nov. 16. Payment due at time of order. Thanksgiving meals can be picked up on Nov. 25 between 11AM and 2PM.

Christmas orders may be placed beginning Nov. 22 and must be received by 4PM on Dec. 15. Payment due at time of order. Christmas meals can be picked up on Dec. 25 between 11AM and 2PM.

More Info: <http://www.mccslejeune-newriver.com/oclub/>

**Right Hand Man Night sponsored by First Command
Wed, Dec 1, 4 – 7pm**

Location: Follow Me Bar at Paradise Point Officers' Club

Join us for FREE hors d'oeuvres (while supplies last), giveaways, and camaraderie. We'll also have a band in select months. Open to all authorized O'Club patrons. Right Hand Man Night is sponsored by First Command. MCCS Sponsor. No federal or DoD endorsement implied.

More Info: <http://www.mccslejeune-newriver.com/oclub/>

Wednesday Family Fun Night

Wed, Dec 1, 5 – 7pm

Location: Bonnyman Bowling Center

Have some glow-in-the-dark fun without breaking your family's budget! Only \$25 per lane for 2 hours of Glow Bowling. Valid for up to 5 bowlers; shoe rental included. Must be on lane by 7PM. Open to all authorized patrons and their guests. League Bowl excluded from Wednesday Family Fun Night.

More Info: <http://www.mccslejeune-newriver.com/bowling/>

Smooth Move PCS Workshop
Thu, Dec 2, 1 – 3pm [Register](#)
Location: Virtual

We've gone virtual! Class Link:
<https://meeting.marinenet.usmc.mil/clnrpcs2020/>
Password: moving

Got orders to move to a new duty station? This free Smooth Move PCS workshop provides information for personnel making a Permanent Change of Station (PCS) transfer to another base within the United States (CONUS) or to an overseas location (OCONUS). Topics covered include: travel and pay entitlements, shipping personal property, housing information, moving tips, POV entitlements, cultural aspects, COLA, passport requirements, Military OneSource, Military Home Front and accessing services at the new duty station. Please register online or call (910) 451-1056/7796. FREE for military families serving aboard Marine Corps Base Camp Lejeune, New River Air Station, and all outlying camps. As per MCO1754.10A, attendance is mandatory for all departing military personnel. Spouses are encouraged to attend. More Info: <http://www.mccslejeune-newriver.com/info>

Wing & Beer Night
Thu, Dec 2, 4 – 9pm
Location: The SNCO Club, Camp Lejeune

75¢ wings (dine-in only, 8 wing minimum) from 4-9PM and 50¢ off bottled beer from 5-7PM. Open to all authorized SNCO Club patrons. More Info: <http://www.mccslejeune-newriver.com/snco>

Xtreme Family Fun Night
Thu, Dec 2, 6 – 8pm
Location: New River Bowling Center

Cosmic Fun! Music! Black Light Bowling! Only \$25 per lane for 2 hours (up to 5 bowlers; shoes included). Open to all authorized patrons and their guests. More Info: <http://www.mccslejeune-newriver.com/bowling/>

Holiday Meals To Go - Christmas
Fri, Dec 3, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45
Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95
Pineapple glazed ham (5-7 lbs.) \$55
Four cheese macaroni & cheese (2 qts.) \$16
Mashed potatoes (2 qts.) \$14
Cornbread stuffing (2 qts.) \$12
Candied yams (2 qts.) \$12
Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

Package Deals - All packages include turkey and/or ham, plus the sides listed below. The 24-26 lb. turkey package and the Holiday Feast package include double sides and extra pie.

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Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

7 Principles for Making Marriage Work

Fri, Dec 3, 8:30am – 3pm [Register](#)

Location: Bldg LCH-4007, Corner of Butler S. & 4th St., Midway Park

This class is based on the best-selling book The Seven Principles for Making Marriage Work. Researcher Dr. John Gottman studied couples for over 40 years to be able to identify what makes marriages succeed or fail. Couples will work on strengthening their relationships through interactive step-by-step exercises that promote increased love, trust and admiration. Couples will also learn how to avoid using the negative interaction styles that are lethal to relationships. This class is for couples contemplating engagement; pre-marital couples; married and couples in a committed relationship. Couples must attend together.

More Info: <http://www.mccslejeune-newriver.com/fap>

Emotion Coaching

Fri, Dec 3, 8:30am – 12pm [Register](#)

Location: Bldg. LCH-4007, Corner of Butler S. & 4th St., Midway Park

This class teaches you how to help your children develop emotional intelligence. Through the use of 5 steps of Emotional Coaching, parents will learn how to be aware of their children's emotions; how to recognize emotions as opportunities for connection and teaching; to help your child label their feelings; and, communicate with empathy. You will learn how to appropriately set limits and problem solve.

More Info: <http://www.mccslejeune-newriver.com/prevention>

\$5 Fridays Archery Day Pass

Fri, Dec 3, 10am – 4pm

Location: Camp Lejeune Archery Range (McIntyre-Parks Recreational Shooting Complex, R-100 Old Sawmill Rd)

Only \$5 for an Archery Day Pass, valid 10AM-4PM. Bow rental not included.

More Info: <http://www.mccslejeune-newriver.com/shoot>

Intro to Archery (Ages 7+)
Fri, Dec 3, 5:30 – 6:30pm [Register](#)
Location: Outdoor Adventures

Learn the exciting sport of archery! This course will teach basic knowledge of archery. Our certified archery instructors will teach you range safety, equipment used, and how to shoot a bow & arrow the proper way. Students should wear athletic/outdoor clothing with closed toe shoes. For ages 7 and up. \$15 per person - includes all equipment and instruction. Register online or call the Outdoor Adventures office.

More Info: <http://www.mccslejeune-newriver.com/outdoor/>

S'more Holiday Fun
Sat, Dec 4, 10am – 2pm
Location: Brewster Recreation Area

Santa is coming to town! Your family will enjoy a magical day of holiday cheer, complete with a scavenger hunt through the candy forest and s'mores around your own fire pit! Remember to bring your own folding chairs and blankets. Santa and Mrs. Claus will be waiting in their cabin to visit with all the children! Boys and girls can share from 6' away how good (or bad!) they've been! Parents, please bring your own camera! Only \$20 per family (up to 8 people). Roasting sticks and s'mores kits provided. Register and pay online by 4PM on Thu., Dec. 2. Visit <http://www.mccslejeune-newriver.com/outdoor/> to sign up for one of three time slots.

Group 1: 10-11AM
Group 2: 11:30AM-12:30PM
Group 3: 1-2PM

More Info: <http://www.mccslejeune-newriver.com/outdoor/>

Turkey Bowl
Sat, Dec 4, 1 – 5pm
Location: Bonnyman and New River Bowling Centers

Bowl 3 strikes in a row and win a frozen turkey! \$3.50 per game per person (shoe rental excluded). Open to authorized patrons. Open bowling only. League play excluded. Limit one turkey per customer while supplies last. First come, first served. Pick up on-site when you win.

More Info: <http://www.mccslejeune-newriver.com/bowling/>

12 Days of Fitness

Mon, Dec 6 – Sat, Dec 18

Location: New River, Tarawa Terrace & Wallace Creek Fitness Centers

Sleigh this holiday season with the 12 Days of Fitness! It's a festive way to stay on track this holiday season and try new group exercise formats!

Day 1 - Santa's Strength

Mon., Dec. 6 | 11:30AM-12:30PM

Wallace Creek Fitness Center

Full-body barbell and dumbbell workout that will increase heart rate and challenge your muscular endurance through performing high repetitions of weighted movement patterns. All fitness levels welcome!

Day 2 - Yoga for Elves (Yoga)

Tue., Dec. 7 | 5-6PM | Wallace Creek Fitness Center

An ultimate experience appropriate for all levels of yogis (beginners, intermediate, and advanced). The vinyasa style class will get your body moving, tone your body, and relax your mind - all within 60 minutes!

Day 3 - All I Want for Christmas is Glutes! (OMG)

Wed., Dec. 8 | 10:30-11AM | Wallace Creek Fitness Center

This strength training class was created specifically for maximum glute gains. Using bands and free weights, you will be on your way to a strong core and a well-rounded booty that will make everyone say OMG!

Day 4 - Chex Mixxed Fit (MixxedFit)

Thu., Dec. 9 | 5:45PM-6:45PM | New River Fitness Center

A workout that combines explosive dance movements with bodyweight training. Moves are repetitive and easy to follow. Maximize your workout rather than focusing on complicated choreography.

Day 5 - Winter Wonder Barre (Barre)

Fri., Dec. 10 | 9:30-10:30AM | Wallace Creek Fitness Center

Increase core strength, balance, flexibility, and mindfulness through fused formats of barre, Pilates, core, and yoga for a total body workout designed to lengthen and strengthen your muscles.

Day 6 - Sleigh Bells and Surprises (Saturday Scramble)

Sat., Dec. 11 | 9:30-10:30AM | Wallace Creek Fitness Center

A Pilates experience to build strength, flexibility and focus through flows using upper total body strength and core muscles.

Day 7 - Rudolph Row (Indo Row)

Mon., Dec. 13| 10:30-11:30AM | Wallace Creek Fitness Center

Designed specifically for first-time rowers, no experience is necessary. Indo Row participants will experience an interval style workout in a uniquely motivating, team-oriented fitness environment outdoors!

Day 8 - Tinsel and TRX (Outdoor TRX)

Tue., Dec. 14| 10:30-11:30AM | Wallace Creek Fitness Center

Utilizing the TRX Suspension Trainer and your own body weight, this class will rapidly increase your strength and range of motion progressing through total body resistance training to sculpt, shape, and build your muscles in 30 minutes. All fitness levels welcome!

Day 9 - Danc'n and Pranc'n Zumba (Outdoor Zumba)

Wed., Dec. 15| 5:45-6:45PM | Wallace Creek Fitness Center

Ditch the workout and join the party! Zumba® fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away! Class is taught by a licensed Zumba® instructor. Class will be held on the turf, weather permitting.

Day 10 - Hot Chocolate and Hot Hula (Hot Hula)

Thu., Dec. 16| 5-6PM | Tarawa Terrace Fitness Center

A fun and exciting total body dance workout inspired by dances of the Pacific Islands. Movements will isolate your larger muscle groups, increasing strength and definition to your core with specific emphasis on the abs, glutes, and quads. All fitness levels welcome!

Day 11 - P90 Polar Express

Fri., Dec. 17| 5:30-6:30AM | Wallace Creek Fitness Center

A total-body strength and cardio conditioning workout that helps build lean muscle. Workouts are taught in blocks of cardio, lower-body strength, upper-body strength, and core. Participants use dumbbells or kettlebell weights.

Day 12 - Calm and Peaceful Yoga Flow (Release and Restore)

Sat., Dec. 18| 9:30-10:30AM | Wallace Creek Fitness Center

A class designed to aid in muscle recovery through the use of myofascial release and focused stretching of muscle groups. Class will conclude with a guided relaxation session that will leave you feeling refreshed and relaxed.

For pricing information, visit <http://www.mccslejeune-newriver.com/groupexercise>

Holiday Meals To Go - Christmas
Mon, Dec 6, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45
Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95
Pineapple glazed ham (5-7 lbs.) \$55
Four cheese macaroni & cheese (2 qts.) \$16
Mashed potatoes (2 qts.) \$14
Cornbread stuffing (2 qts.) \$12
Candied yams (2 qts.) \$12
Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

Package Deals - All packages include turkey and/or ham, plus the sides listed below. The 24-26 lb. turkey package and the Holiday Feast package include double sides and extra pie.

Whole Roasted Turkey (12-14 lbs., serves 8-10 people) \$105
Pineapple Glazed Ham (5-7 lbs., serves 8-10 people) \$110
Whole Roasted Turkey (24-26 lbs., serves 20-24 people) \$210
Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310
*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

Order, Payment & Pick-up Information

Orders may be placed in-person at Paradise Point Officers' Club or by calling 910-450-7981 (Mon.-Fri, 8AM-4PM; holidays may vary).

Contactless pickup is available -- just drive up to the awning at Paradise Point Officers' Club and we'll be waiting for you!

Thanksgiving orders may be placed beginning Oct. 25 and must be received by 4PM on Nov. 16. Payment due at time of order. Thanksgiving meals can be picked up on Nov. 25 between 11AM and 2PM.

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

EFMP Mind, Body & Sole Walking Group
Mon, Dec 6, 9:30 – 10:30am [Register](#)
Location: Midway Park AMCC Community Center

Let's walk and talk all about things EFMP together. Bring the whole family out for a nice refreshing stroll and bring your questions too. We'll have staff on hand to answer any of your concerns and you'll be able to network with other families. Social distancing practices will be in place to keep everyone safe. Please RSVP to let us know you'll join us. Mind, Body & Sole walking group meets at these locations each month.

1st Monday - Midway Park AMCC Community Center
2nd Wednesday - New River EFMP Parking lot
3rd Friday - MCCS Tarawa Terrace Community Center
4th Monday - New River EFMP Parking Lot

More Info: <http://www.mccslejeune-newriver.com/efmp>

Holiday Meals To Go - Christmas
Tue, Dec 7, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45

Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95

Pineapple glazed ham (5-7 lbs.) \$55

Four cheese macaroni & cheese (2 qts.) \$16

Mashed potatoes (2 qts.) \$14
Cornbread stuffing (2 qts.) \$12
Candied yams (2 qts.) \$12
Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

Package Deals - All packages include turkey and/or ham, plus the sides listed below. The 24-26 lb. turkey package and the Holiday Feast package include double sides and extra pie.

Whole Roasted Turkey (12-14 lbs., serves 8-10 people) \$105
Pineapple Glazed Ham (5-7 lbs., serves 8-10 people) \$110
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Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310
*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

Holiday Meals To Go - Christmas
Wed, Dec 8, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45
Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95
Pineapple glazed ham (5-7 lbs.) \$55
Four cheese macaroni & cheese (2 qts.) \$16
Mashed potatoes (2 qts.) \$14
Cornbread stuffing (2 qts.) \$12
Candied yams (2 qts.) \$12
Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

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Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310
*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

Nutrition Fundamentals
Wed, Dec 8, 9:30 – 11am
Location: Wallace Creek Fitness Center

Learn how to fuel your body for peak performance!

Topics include:

- *Healthy food choices
- *Lifestyle and behavioral modifications
- *Macronutrients
- *Nutrition traps, trends & fast food
- *Nutrition for exercise & health
- *Supplement use & abuse

Class is FREE and open to all authorized patrons.

Space is very limited; first come, first served. No pre-registration required.

More Info: <http://www.mccslejeune-newriver.com/health/>

Level 1 Kids Trail Riding (Ages 8-14)

Wed, Dec 8, 1:30 – 3:30pm [Register](#)

Location: Henderson Pond Trail, Camp Lejeune

Ride the trails with Outdoor Adventures! This course offers recreation biking classes to children interested in the sport of mountain biking. Our instructors will teach you how to ride a mountain bike in a safe environment. This course is designed as an educational ride, not a guided tour and is perfect for beginners or experienced riders who want to learn more about mountain biking. Each rider will have fun biking on the Henderson Pond Trails.

Cost: \$25 per person. Cost includes bike(Trek), helmet and instructor.

Riders must be 8 years of age . All participants must be able to ride a bike. This is a children class.

What you will learn:

- Safety
- Proper Shifting
- Braking
- Hill Climbing & Descending
- Body & Pedal Positions
- Navigating Minor Obstacles
- Trail Etiquette

We will meet all riders at the entrance of Henderson Pond Trail. We will bring the bikes and helmets. You can bring your own bike if you have one. Henderson Pond Trail is located on Yewell Branch Rd. off of Holcomb Blvd. aboard Camp Lejeune. Use the map link for directions to trail entrance.

More Info: <http://www.mccslejeune-newriver.com/outdoor>

Wednesday Family Fun Night
Wed, Dec 8, 5 – 7pm
Location: Bonnyman Bowling Center

Have some glow-in-the-dark fun without breaking your family's budget! Only \$25 per lane for 2 hours of Glow Bowling. Valid for up to 5 bowlers; shoe rental included. Must be on lane by 7PM. Open to all authorized patrons and their guests. League Bowl excluded from Wednesday Family Fun Night.

More Info: <http://www.mccslejeune-newriver.com/bowling/>

Holiday Meals To Go - Christmas
Thu, Dec 9, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45

Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95

Pineapple glazed ham (5-7 lbs.) \$55

Four cheese macaroni & cheese (2 qts.) \$16

Mashed potatoes (2 qts.) \$14

Cornbread stuffing (2 qts.) \$12

Candied yams (2 qts.) \$12

Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

Package Deals - All packages include turkey and/or ham, plus the sides listed below. The 24-26 lb. turkey package and the Holiday Feast package include double sides and extra pie.

Whole Roasted Turkey (12-14 lbs., serves 8-10 people) \$105
Pineapple Glazed Ham (5-7 lbs., serves 8-10 people) \$110
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Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310

*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

Nutrition Fundamentals
Thu, Dec 9, 9:30 – 11am
Location: New River Fitness Center

Learn how to fuel your body for peak performance!

Topics include:

- *Healthy food choices
- *Lifestyle and behavioral modifications
- *Macronutrients
- *Nutrition traps, trends & fast food
- *Nutrition for exercise & health
- *Supplement use & abuse

Class is FREE and open to all authorized patrons.

Space is very limited; first come, first served. No pre-registration required.

More Info: <http://www.mccslejeune-newriver.com/health/>

Wing & Beer Night
Thu, Dec 9, 4 – 9pm
Location: The SNCO Club, Camp Lejeune

75¢ wings (dine-in only, 8 wing minimum) from 4-9PM and 50¢ off bottled beer from 5-7PM. Open to all authorized SNCO Club patrons.

More Info: <http://www.mccslejeune-newriver.com/snco>

Xtreme Family Fun Night
Thu, Dec 9, 6 – 8pm
Location: New River Bowling Center

Cosmic Fun! Music! Black Light Bowling! Only \$25 per lane for 2 hours (up to 5 bowlers; shoes included). Open to all authorized patrons and their guests.

More Info: <http://www.mccslejeune-newriver.com/bowling/>

\$5 Fridays Archery Day Pass
Fri, Dec 10, 10am – 4pm
Location: Camp Lejeune Archery Range (McIntyre-Parks Recreational Shooting Complex, R-100 Old Sawmill Rd)

Only \$5 for an Archery Day Pass, valid 10AM-4PM. Bow rental not included.

More Info: <http://www.mccslejeune-newriver.com/shoot>

Holiday Meals To Go - Christmas
Fri, Dec 10, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45
Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95
Pineapple glazed ham (5-7 lbs.) \$55
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Holiday Sides

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Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

PJ Parade with Santa
Fri, Dec 10, 6 – 8pm [Register](#)
Location: MCCS Community Center

It's time to put on your favorite Christmas pajamas and join our holiday parade with Santa! The MCCS Community Center will transform into a magical Christmas Candy Wonderland filled with holiday décor, lights, festive music, and so much more! Patrons will enjoy FREE hot chocolate and visit various stations for Christmas goodies and take home crafts. As you exit, you'll get to walk through snow. A magical evening awaits! Open to all authorized patrons. This MCCS event is sponsored by Marine Federal Credit Union and Duke Energy. MCCS sponsor. No federal or DoD endorsement implied.

Talk to Santa
Sat, Dec 11, 10am – 4pm
Location: Camp Lejeune MCX

Experience a live virtual video chat with Santa on Large screen TV. This free event is open to children age 3+.

More Info: <http://www.mccslejeune-newriver.com/mcx/>

Turkey Bowl
Sat, Dec 11, 1 – 5pm
Location: Bonnyman and New River Bowling Centers

Bowl 3 strikes in a row and win a frozen turkey! \$3.50 per game per person (shoe rental excluded). Open to authorized patrons. Open bowling only. League play excluded. Limit one turkey per customer while supplies last. First come, first served. Pick up on-site when you win.

More Info: <http://www.mccslejeune-newriver.com/bowling/>

Army-Navy Game

Sat, Dec 11, 2pm

Location: Follow Me Bar in Paradise Point Officers' Club

Join us as the United States Military Academy takes on the United States Naval Academy! Doors open 2PM, kickoff 3PM. Food and beverages available for purchase. Open to all authorized Paradise Point Officers' Club patrons 21 years of age and older.

More Info: <http://www.mccslejeune-newriver.com/oclub/>

Parents Night Out (Ages 5+)

Sat, Dec 11, 5:30 – 8:30pm [Register](#)

Location: Brewster Recreation Area, Camp Lejeune

You deserve a night out, kids free! Enjoy the night off while your kids have fun in the great outdoors. Let Outdoor Adventures give you a much needed break and your kids an adventure outdoors with fun activities, roasting hot dogs and eating delicious marshmallowy s'mores. Open to authorized patrons 5 years of age or older.

Cost: \$15 per child. Cost includes dinner, s'mores, and fun activities. Register online or call the Outdoor Adventures office.

More Info: <http://www.mccslejeune-newriver.com/outdoor/>

Cross Country Golf

Sun, Dec 12, 8:30am – 2pm

Location: Paradise Point Golf Course, Camp Lejeune

Play golf in a whole new way! Professional staff rotates holes and greens for a different way to compete and challenge your skill! Format 1: Scramble; Format 2: Alternate Shot. Each format will be played 9 holes to make the event an 18 hole competition. \$10 per player, plus cart and greens fee. Register by Dec. 8 at the Pro Shop or call 910-451-5445. Open to the public.

More Info: <http://www.mccslejeune-newriver.com/golf/>

Holiday Meals To Go - Christmas

Mon, Dec 13, 8am – 4pm

Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45
Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95
Pineapple glazed ham (5-7 lbs.) \$55
Four cheese macaroni & cheese (2 qts.) \$16
Mashed potatoes (2 qts.) \$14
Cornbread stuffing (2 qts.) \$12
Candied yams (2 qts.) \$12
Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
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Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310
*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

Holiday Meals To Go - Christmas
Tue, Dec 14, 8am – 4pm
Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45
Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95
Pineapple glazed ham (5-7 lbs.) \$55
Four cheese macaroni & cheese (2 qts.) \$16
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Holiday Sides

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Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)

Choice of apple, sweet potato, pecan, or pumpkin pie

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More Info: <http://www.mccslejeune-newriver.com/oclub/>

Archery Coaching Clinics (Ages 8 +)

Tue, Dec 14, 1:30 – 2:30pm [Register](#)

Location: Outdoor Adventures, Camp Lejeune

This clinic is designed for intermediate archers who want to sharpen and refine their archery skills. Learn additional techniques from other experienced archers and our certified USA Archery instructors. All archers must complete the Intro to Archery training in order to attend this clinic. Archers must wear athletic/outdoor clothing with closed-toed shoes. Clinic is for ages 8 and up. \$10 per person. Cost includes equipment and instructor.

More Info: <http://www.mccslejeune-newriver.com/outdoor/>

Last Day to Order - Holiday Meals To Go - Christmas

Wed, Dec 15, 8am – 4pm

Location: Paradise Point Officers' Club

Enjoy a fresh holiday dinner – without the work! Order a fully cooked meal with all the sides and enjoy convenient no-contact pick up. Complete dinners and à la carte options available.

À la carte

Whole roasted turkey (12-14 lbs.) with cranberry sauce \$45

Whole roasted turkey (24-26 lbs.) with cranberry sauce \$95

Pineapple glazed ham (5-7 lbs.) \$55

Four cheese macaroni & cheese (2 qts.) \$16

Mashed potatoes (2 qts.) \$14
Cornbread stuffing (2 qts.) \$12
Candied yams (2 qts.) \$12
Southern green beans (2 lbs.) \$12
Turkey gravy (2 qts.) \$10
Cranberry sauce (8 oz.) \$2
Assorted pies (choice of apple, sweet potato, pecan, or pumpkin) \$16

Package Deals - All packages include turkey and/or ham, plus the sides listed below. The 24-26 lb. turkey package and the Holiday Feast package include double sides and extra pie.

Whole Roasted Turkey (12-14 lbs., serves 8-10 people) \$105
Pineapple Glazed Ham (5-7 lbs., serves 8-10 people) \$110
Whole Roasted Turkey (24-26 lbs., serves 20-24 people) \$210
Holiday Feast Package (two 5-7 lb. hams and one 24-26 lb. turkey, serves 32-34 people) \$310

*Based on 8 oz. of turkey or 10 oz. of ham per person.

Holiday Sides

Mashed potatoes (2 qts.)
Cornbread stuffing (2 qts.)
Candied yams (2 qts.)
Southern green beans (2 lbs.)
Turkey gravy (2 qts.)
Cranberry sauce (8 oz.)
Choice of apple, sweet potato, pecan, or pumpkin pie

Order, Payment & Pick-up Information

Orders may be placed in-person at Paradise Point Officers' Club or by calling 910-450-7981 (Mon.-Fri, 8AM-4PM; holidays may vary).

Contactless pickup is available -- just drive up to the awning at Paradise Point Officers' Club and we'll be waiting for you!

Thanksgiving orders may be placed beginning Oct. 25 and must be received by 4PM on Nov. 16. Payment due at time of order. Thanksgiving meals can be picked up on Nov. 25 between 11AM and 2PM.

Christmas orders may be placed beginning Nov. 22 and must be received by 4PM on Dec. 15. Payment due at time of order. Christmas meals can be picked up on Dec. 25 between 11AM and 2PM.

More Info: <http://www.mccslejeune-newriver.com/oclub/>

SEPARATING – Spouse’s Transition Readiness Seminar (S.T.A.R.S.)
Wed, Dec 15, 9am – 12pm [Register](#)
Location: Virtual

We've gone virtual! A link to the class will be sent to you at a later date.

This workshop is only for those separating from service.

The Spouse Transition and Readiness Seminar (S.T.A.R.S.) is an informational workshop designed to provide spouses of separating Service Members the opportunity to gain valuable knowledge of resources and pressing information as it relates to the upcoming transition. A panel of subject matter experts regarding topics such as education and career programs, benefits and entitlements, and financial considerations, will be on hand to ensure that the transition from a military to a civilian lifestyle. is as smooth as possible.

If your service member is retiring, please check our calendar for Retirees only.

More Info: <http://www.mccslejeune-newriver.com/fmeap>

EFMP Mind, Body & Sole Walking Group
Wed, Dec 15, 9:30 – 10:30am [Register](#)
Location: New River EFMP Parking Lot

Let’s walk and talk all about things EFMP together. Bring the whole family out for a nice refreshing stroll and bring your questions too. We’ll have staff on hand to answer any of your concerns and you’ll be able to network with other families. Social distancing practices will be in place to keep everyone safe. Please RSVP to let us know you’ll join us.

More Info: <http://www.mccslejeune-newriver.com/efmp>

Wednesday Family Fun Night
Wed, Dec 15, 5 – 7pm
Location: Bonnyman Bowling Center

Have some glow-in-the-dark fun without breaking your family's budget! Only \$25 per lane for 2 hours of Glow Bowling. Valid for up to 5 bowlers; shoe rental included. Must be on lane by 7PM. Open to all authorized patrons and their guests. League Bowl excluded from Wednesday Family Fun Night.

More Info: <http://www.mccslejeune-newriver.com/bowling/>

For a more detailed and customizable listing, please visit www.mccslejeune-newriver.com/events/listing.



MCCS Hiring Event

NC Works Career Center Onslow County
461 Western Blvd., Suite 106, Jacksonville

You're hired!



*Congratulations on
your awesome new job!*

MCCS Lejeune-New River Recruiters will be at the NCWorks Career Center-Onslow County (461 Western Blvd., Suite 106, Jacksonville) every Wednesday, 10AM to 1PM. New MCCS Lejeune-New River employees could qualify for a \$750-\$1,200 Sign-on Bonus! On-the-spot interviews! To learn more about the benefits of working for MCCS Lejeune-New River, visit <http://www.mccslejeune-newriver.com/jobs/>.

December 1 - Retail Division
Positions qualify for \$1,200 Sign-On Bonus!*

Sales Associate \$10.30

MCCS Insider Series

November 10 | December 8 | 10AM - 1PM | NCWorks Career Center

Meet a Human Resources Technician with our Staffing Branch ready to give you the inside scoop on MCCS! They can answer your questions regarding MCCS employment opportunities to include:

- Assessment Questions (or KSAs)
- Resumes Reviews
- How to Apply & Gain a MCCS Position!



Join our MCCS Lejeune-New River Team! \$1,200* sign-on bonus for the following qualifying positions!

Air Conditioning Equipment Mechanic	Automotive Helper
Automotive Worker	Barista I & II
Club Operations Assistant	Cook
Custodial Worker	Electrician
Food Service Worker	Housekeeper
Laundry Worker	Laborer
Lifeguards	Material Handler
Mobile Sales Clerk	Painter
Recreation Assistants	Recreation Attendants
Sales Associate	Security Guard
Store Detective	Warehouse Workers
Waiterstaff	Vending Machine Attendant

*Sign-on bonus is pre-tax and applies to those positions listed. Offer only for employees new to MCCS Lejeune-New River. Bonus is paid \$300 after 90 days and \$900 after one year on the job. You may apply at <http://www.mccslejeune-newriver.com/jobs/>





**Bldg. 67, 2nd Deck, Camp Lejeune
910.450.6191
Monday - Friday: 7:30AM - 3:30PM**

CREDO provides an assortment of opportunities to sea service personnel and their families. CREDO's goal is to help enrich and strengthen people's lives. Join the many who have reaped significant benefits from attending a CREDO retreat.

CREDO provides a FREE weekend away within a positive, safe, and supportive environment to:

- ✓ Receive a greater understanding about life and yourself
- ✓ Increase trust and self confidence
- ✓ Strengthen relationships
- ✓ Gain a clearer perspective about others
- ✓ Experience personal and spiritual growth
- ✓ Strengthen marriages
- ✓ Resolve personal skills
- ✓ Learn to handle anger more constructively
- ✓ Improve communication skills
- ✓ Establish new friendships
- ✓ Have fun
- ✓ Relax

Who can attend? Active duty, retired and Reserve Navy, Marine Corps, Coast Guard personnel, DoD civilian employees, as well as family members with appropriate ID cards, 18 years or older, are eligible to attend.

Upcoming CREDO Marriage Enrichment Retreats and Workshops

12/3 MER Hilton Head, SC [Wait List](#)
12/10 MER Emerald Isle, NC [Wait List](#)



MCFTB Marriage Workshops

**Marine Corps Family Team Building
Bldg. 780, Brewster Blvd, Camp Lejeune
Phone: 910.451.0176**

Hours: Monday - Friday: 7:30AM - 4:30PM

<http://www.mccslejeune-newriver.com/mcftb/>

MCFTB Marriage Workshops are part of their LifeSkills Training & Education Program, which facilitates workshops that offer opportunities for personal and professional growth. This training provides classes that cover a broad spectrum of life competencies in areas of communication, impact, relationships, and wellness. Classes offered:

- ✓ Discovering Your Right Fit
- ✓ Before I Do
- ✓ Prevention and Relationship Enhancement Program (PREP)
- ✓ Interpersonal Communication
- ✓ Basic Anger Management
- ✓ Basic Stress Management
- ✓ Conflict Management

Below are a few upcoming workshops designed for both married and single Marines/Sailors.

12/2 8AM Before I Do, Marriage Foundation Class [2 Day Class] Bldg. 780
class room 12, Brewster Blvd, Camp Lejeune, NC

12/8 1PM Strong Military Couples LINKS Bldg. TT-2455E Iwo Jima Blvd
Tarawa Terrace NC

12/9 8AM Before I Do, Marriage Foundation Class [2 Day Class] AS-207
Curtis Road

12/16 8AM Before I Do, Marriage Foundation Class [2 Day Class]
Online through Adobe Connect:

<https://meeting.marinenet.usmc.mil/mcftbbid>

To register for these classes, please [click or tap here](#).



Marine Corps Family Team Building
Bldg. 780, Brewster Blvd, Camp Lejeune
Phone: 910.451.0176

Hours: Monday - Friday: 7:30AM - 4:30PM
<http://www.mccslejeune-newriver.com/mcftb/>

Care. Connect. Make a Difference! Marine Corps Family Team Building (MCFTB) provides educational resources and services to foster personal growth and enhance the readiness of Marines, Sailors and their Families. MCFTB is comprised of the following:

- Unit, Personal, and Family Readiness Program Training
- Volunteer Coordinator Program
- Readiness & Deployment Support Program
- LifeSkills Training
- L.I.N.K.S.
- Chaplains Religious Enrichment Development Operation (CREDO)

Upcoming Family Readiness Training and Workshops

11/15 9AM L.I.N.K.S. for Spouses (4-Evening Virtual Workshop) Virtual via Adobe Connect
11/15 6PM Family Care Plan Training Virtual via Adobe Connect
11/16 9AM Deployment/Uniformed Readiness Coordinator (DRC/URC) Training MCFTB Bldg. AS-207 Curtis Road
11/22 6PM Virtual L.I.N.K.S. for Parents and Family Members Virtual via Adobe Connect
12/2 9AM CTA/FRA Training (0900-1030) & OPSEC/PII (1045-1130) MCFTB AS-207 Curtis Road, New River Air Station NC
12/2 9AM L.I.N.K.S. [2 Day Workshop] LINKS Bldg. 2455-E Iwo Jima Blvd., Tarawa Terrace, NC
12/6 6PM Virtual L.I.N.K.S. for Parents and Family Members Virtual via Adobe Connect
12/7 9AM DRC/URC Training LINKS Bldg. TT-2455E Iwo Jima Blvd, Tawara Terrace NC
12/8 6PM Military Readiness Binder LINKS Bldg. TT-2455E Iwo Jima Blvd Tarawa Terrace NC
12/9 9AM Virtual L.I.N.K.S. for Spouses Workshop [2-Days] Virtual via Adobe Connect
12/9 6PM Command Team Advisor/Family Readiness Assistant Training (0900-1030) & OPSEC/PII (1045-11130) Virtual via Adobe Connect

12/13 6PM L.I.N.K.S. for Spouses (4-Evening Virtual Workshop) Virtual via Adobe Connect

12/14 9AM Command Team Advisor/Family Readiness Assistant Training (0900-1030) & OPSEC/PII (1045-11130) Virtual via Adobe Connect

12/14 6PM L.I.N.K.S. for Spouses (4-Evening Virtual Workshop) Virtual via Adobe Connect

12/15 6PM L.I.N.K.S. for Spouses (4-Evening Virtual Workshop) Virtual via Adobe Connect

To register for these classes, please [click or tap here](#).

Note: CTA/FRA - Command Team Advisor/Family Readiness Assistant

DRC/URC - Deployment/Uniformed Readiness Coordinator

MFLC

Military & Family Life Counseling Program

Military & Family Life Counselors

2d Marines MFLC - 910-408-9485

3/2 MFLC - 910- 915-6968

Military & Family Life Counselors are here to listen, and are available to help service members, spouses, family members, children and staff address:

- ✓ Deployment/Reintegration Issues
- ✓ Marriage and Relationship Issues
- ✓ Parenting/Sibling & Family Issue
- ✓ Communication Challenges
- ✓ Stress
- ✓ Decision-making
- ✓ Grief and Loss
- ✓ Transition Issues
- ✓ Emotional Well-being
- ✓ Improve Coping and Resilience
- ✓ Daily Life Issues

Counseling, consultation and training is free and confidential. No records are kept. Helping You Is Our Priority. After-hours and weekend appointments are available. Group or off-site meetings can be arranged.





Single Marine Program Information

Central Area Recreation Center

Bldg 62, Lucy Brewer Rd., Camp Lejeune

910.451.1942

Hours

Monday - Friday - 10:00AM - 8:00PM

Saturday - 1:00PM - 10:00PM

Sunday - 12:00PM - 8:00PM

Holidays - 12:00PM - 8:00PM

Inside the facility:

Free Wifi, Laptops and iPads. Ping pong /Foosball/billiard tables, Big screen & overhead TVs with DIRECT® TV programming (includes NFL Sunday Ticket™ and UFC)

Gaming area - 6 large screen TVs, Corbeau™ seats, and Xbox One®, Xbox 360® and PS4™ game systems, Mini-theater, Shuffleboard. Free printing, fax and copying services

Events hosted by the SMP:

12/1 - 1100 Ping Pong Tournament *

12/2 - 1100 Corn Hole Tournament *

12/3 - 1100 9 Ball Pool Tournament *

12/3 - 1100 Birthday Shout-Out!

12/5 - 1300 NFL Sunday Ticket With Free Pizza

12/6 - 1100 Christmas Matinee Movie With Free PB & J

12/7 - 1100 Candy Canes Christmas 'Spoons' *

12/7 - 1500 Central Area SMP Council Meeting

12/8 - 1100 Wednesday Hump day Madness

12/8 - 1100 Winter Wonderland Canvas Painting

12/10 - 1100 French Toast Stick Friday

12/11 - 2200 UFC 268: Oliveria vs Poirier Free Pizza & Wings

12/12 - 1300 NFL Sunday Ticket With Free Taquitos

12/14 - 1100 Walking Taco Tuesday

For more information on these events please go to: [Central Area Recreation Center \(mccslejeune-newriver.com\)](http://mccslejeune-newriver.com)

Volunteer Opportunities

12/4 - 7:15 a.m. MCCS Family Fun Run: Ugly Christmas Sweater

12/4 - 8:30 a.m. S'more Holiday Fun!

12/9 - 4:00 p.m. Home for the Holidays

12/10 - 4:00 p.m. MCCS Community Center Parade with Santa

12/12 - 3:15 p.m. Free Advance Screening: A Journal for Jordan





MARINE & Family

Marine & Family Programs

New Parent Support Program

Bldg. LCH 4007, Corner of Butler Dr. S and 4th St. Midway Park

910.449.9501

Monday - Friday: 7:30AM - 4:30PM

<http://www.mccslejeune-newriver.com/npsp/>

The New Parent Support Program (NPSP) is a professional team of licensed social workers, counselors and registered nurses who provide educational and supportive services to military families. From the early stages of pregnancy to the development of your child up thru age 5, this program can better prepare you for parenthood. Our trained, supervised staff has extensive knowledge of the issues encountered by today's parents. Our team is sensitive to the unique challenges facing military families. We can help families cope with stress, isolation, pre and post deployment, homecoming reunions, and the everyday demands of parenting in the military. New ages and stages in child development bring different challenges. NPSP offers you the opportunity to express your concerns and ask questions about babies, young children and family relationships. All active duty personnel and family members who are expecting a child or have at least one child age 5 or under are eligible.

1/12/22 - 8:30AM	Baby Boot Camp	LCH 4007 Midway Park
1/19/22 - 8:30AM	Baby Boot Camp	LCH 4007 Midway Park
1/26/22 - 8:30AM	Baby Boot Camp	LCH 4007 Midway Park
1/27/22 - 9AM	Baby Boot Camp	Bldg. AS-207, MCAS New River
2/2/22 - 8:30AM	Baby Boot Camp	LCH 4007 Midway Park
2/9/22 - 8:30AM	Baby Boot Camp	LCH 4007 Midway Park
2/16/22 - 8:30AM	Baby Boot Camp	LCH 4007 Midway Park

To register for these classes, please [click or tap here](#).

Family Advocacy

Bldg. LCH 4007, Corner of Butler Dr. S and 4th St. Midway Park

910.449.9563

Monday - Friday: 7:30AM - 4:30PM

<http://www.mccslejeune-newriver.com/fap/>

The Family Advocacy Program (FAP) works to prevent domestic violence by offering resources, education, support, intervention and treatment. FAP

provides counseling, case management and victim advocacy services to military families dealing with situations of domestic abuse in order to ensure safety for all individuals and to promote healthy relationships. Through collaboration with military treatment facilities, community services, and commands, FAP supports service members and their families and provides individual, child, marital and family therapy.

**Volunteer Coordinator
Bldg 780, Brewster Blvd
Camp Lejeune, NC 28547
910.451.0176**

Monday - Friday: 7:30AM - 4PM

<http://www.mccslejeune-newriver.com/mcftb/#vols>

Attention Volunteers! Your Volunteer Your Volunteer Coordinators are hard at work, preparing to recognize your 2020 volunteerism! The President's Volunteer Service Awards will be processed from January 18th through February 20th, 2021. We are looking forward to celebrating your 2020 volunteer efforts! Should you have any questions, please reach out at: lejftb@usmc-mccs.org We are thankful for the amazing service you provide to our community!

**Child & Youth Program
Resource & Referral
Bldg TT 2455H, Iwo Jima Blvd TT
910.450.0553/0554/0555**

<http://www.mccslejeune-newriver.com/cyp/>

Lejeune-New River's Child & Youth Program (CYP) offers safe, high quality childcare for infants and children ages 6 weeks to 12 years old. The Department of Defense partially subsidizes some of the cost of care, and family fees are based on total household income for full-time childcare.

Full Time Care - Available from 6:45AM - 5:00PM Monday - Friday. Ages 6 weeks through 12 years. Hours vary by location.

Family Child Care - On-base Family Child Care. Child care available 24 hours a day; 7 days a week.

School Age Care (SAC) - Ages kindergarten through 12 years. Spring, summer and winter camps available. Closed during holidays.

Emergency Care - Contact your Deployment Readiness Coordinator for assistance with emergency childcare. Emergency care is provided for military

families in crisis at no cost to the family. Emergency care is available 24 hours a day and is usually for a short period of time to meet an immediate child care need. Criteria for eligibility varies to include medical emergencies and incapacitation of a family member.

Exceptional Family Member Program

LCH 4014 D & E, Midway Park

910.451.4394

910.449.9719

Monday - Friday: 8AM - 4:30PM

<http://www.mccslejeune-newriver.com/efmp/>

EFMP helps active duty service members with managing the special needs of a family member. Enrollment in the program is mandatory for active duty personnel with family members with special needs (MCO P1754.4C).

Who qualifies for EFMP?

An exceptional family member (EFM) must be enrolled in DEERS and MCTFS and have a diagnosed physical, intellectual, or emotional need that requires specialized medical or educational services.

What is the goal of EFMP?

The program ensures the sponsor is assigned to a duty station where services exist to support their EFM.

EFMP Family Case Workers are available to:

Guide members through the enrollment process

Connect families to medical, educational, and community services

Assist families with special education needs

Provide resource, referral, and support throughout PCS transitions

For more information visit their website at <http://www.mccslejeune-newriver.com/efmp/>



Important Suicide Prevention & Counseling Services



Suicide Prevention
Community Counseling Center
Bldg. 799B Brewster Blvd., Camp Lejeune
910.451.2864
Monday - Friday: 7:30AM - 4:30PM

National Suicide Prevention Lifeline
Call 1-800-273-8255
Available 24 hours everyday

Saving lives requires vigilance. Each tragic loss to suicide has far reaching impact on families, friends, and Marines left behind. At the unit level, suicide effects morale, unit cohesion, and ultimately unit effectiveness and readiness of Marines. Our prevention programs are designed to help Marines who are thinking about suicide or engaging in suicidal behavior, and those who may be at risk for suicide because of a mental disorder, or because they belong to a group with higher rates of suicide attempts or deaths. Services provided are:

- Develop in all Marines the skills needed to recognize and address suicide warning signs, which include appearing overwhelmed by recent stressors; experiencing a fall from glory, loss of honor, and change in status within a unit or relationship; withdrawing from friends, family and society; losing interest in hobbies, work and school; feeling helpless, worthless and trapped in a situation.
- Common risk factors and triggers that should not be ignored are legal or disciplinary problems, relationship problems and financial problems. Substance abuse, behavioral health diagnosis and Permanent Change of Station (PCS) problems appear to increase risk for suicide.
- The DSTRESS Line provides 24/7 phone, chat and Skype line counseling services utilizing a “Marine to Marine” approach.

- Confidential care worldwide ensuring access to behavioral health services and assisting Marines and families in navigating the many support resources available.
- Care coordination and continued 90 day follow-up through the Marine Intercept Program for all Marines identified with suicidal ideation or attempt.
- Conquering Stress with Strength is the newest practical application workshop facilitated by Marine Corps Family Team Building providing skills to effectively respond to high-stress situations that include suicide prevention.

Learn More - Marines, Sailors, and their families may access help directly through Community Counseling Program. There is no wrong door for getting help. Counselors conduct screenings, actively assess needs, provide counseling, and connect Marines and families with additional resources through referrals and direct handoffs between programs and facilities. If you recognize warning signs or believe someone is in immediate danger, call 911 or seek help from a mental health care.



Community Counseling Center Crisis Intervention for Emotional and Mental Health

CCP provides psychological first aid response upon command request during normal business hours by calling the Community Counseling Center at 451-2864. Psychological First Aid is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping. For more information please visit their website at: <http://www.mccslejeune-newriver.com/counseling/#>



Lejeune-New River SkillBridge Program

SkillBridge Employment Training Program is available to all eligible service members. Service members can participate in only one (1) SkillBridge Employment Training Program. All courses are geared toward learning high-demand industry-specific skills with the high-probability of securing employment prior to exiting the military. Courses offer job interviews, placements, or certifications to enhance entry into the workforce. The SkillBridge Employment Training Program (SETP) is pursuant to MARADMIN 350/18 and NAVADMIN 222/15.

It is the responsibility of the service member to contact the specific SkillBridge course directly for a potential class seat, start dates, and additional information; SkillBridge point of contact will guide/direct service member through the application process. Service member must also print out SkillBridge Command packet to route through their chain of command for approval to attend. To participate in any skills course you must meet the following eligibility requirements:

1. Service members who have completed at least 180 days on active duty and are expected to be released from active duty within 180 days of starting the course with an honorable discharge, including general discharge under honorable conditions.
2. Must have enough time to complete the program on active duty. Utilizing terminal leave is acceptable. Securing an extension to your existing End of Active Service (EAS) in order to participate is not authorized.
3. Have completed Transition Readiness Seminar (TRS).
4. Have successfully passed your most current Physical Fitness Test (PFT) and Combat Fitness Test (CFT) or equivalent if non-Marine Corps participant.
5. Have received a Standards of Conduct Rating of at least a 4.0 and a Standards of Proficiency Rating of at least 4.0 on your most recent performance evaluation (or be recommended for promotion or advancement, or other military equivalent for non-Marine Corps participant).
6. Have attended an ethics brief or completed a DOD-approved ethics training (Marine Net Training: ET108A Ethics & Integrity) within the last 12 months, or equivalent if non-Marine Corps participant.
7. Have not previously completed, currently participating in, or had participation terminated from another SDPO course. This would be the first skills course.

For more information visit <http://www.mccslejeune-newriver.com/trs/skillbridge/>





ONSLOW COUNTY

Est. 1734

Our mission is to deliver exceptional services that enhance the quality of life within our County

Onslow County Community Resource Guide

Senior Programs

Agency Name: Foundation for Hospice

Address: 116 Chaney Ave Jacksonville, NC 28540

Phone: (910) 455-3925

Hours: Tuesday – Thursday 8:30 AM – 3:30 PM

Website:

http://getconnected.volunteeronslow.org/agency/detail/?agency_id=1454

Service(s) offered: Financial assistance, grief support, end-of-life care education

Agency Name: Friends of the Aging

Address: 4024 Richlands Hwy, Jacksonville, NC 28540

Phone: (910) 989-3022

Hours: 8:00 AM – 5:00 PM

Website: <https://friendsoftheaging6.wixsite.com/mysite>

Service(s) offered: Financial assistance, incontinence supplies, nutritional supplies

Agency Name: Jacksonville Senior Citizens Center

Address: 4024 Richlands Hwy, Jacksonville, NC 28540

Phone: (910) 455-2747

Hours: 8:00 AM – 5:00 PM

Website: <https://www.onslowcountync.gov/591/Senior-Center>

Service(s) offered: Classes, activities, senior trips

Agency Name: Meals on Wheels

Address: 4024 Richlands Hwy, Jacksonville, NC 28540

Phone: (910) 455-2747

Hours: 8:00 AM – 5:00 PM

Website: <https://www.onslowcountync.gov/546/Home-Delivered-Meals>

Service(s) offered: Home delivered meals

Transportation

Agency Name: Jacksonville Transit Call Center

Address: 605 New Bridge St, Jacksonville, NC 28540

Phone: (910) 938-7433

Hours: 8:00 AM – 5:00 PM

Website: <https://www.onslowcountync.gov/591/Senior-Center>

Service(s) offered: Curb to curb ADA accessible transportation, serves passengers with disabilities who are unable to ride on daily routes

Agency Name: North Carolina Department of Transportation

Address: 295 Wilmington Hwy # A, Jacksonville, NC 28540

Phone: (910) 467-0550

Hours: 9:00 AM – 5:00 PM

Website: <https://www.ncdot.gov/Pages/default.aspx>

Service(s) offered: Department of Motor Vehicles, state license

Agency Name: Onslow United Transit System

Address: 605 New Bridge St Jacksonville, NC 28540

Phone: (910) 346-2998

Hours: 8:00 AM – 5:00 PM

Website: <http://onslowunitedtransit.org/>

Service(s) offered: Handicap equipped, TTD call lines for hearing impaired



Only In **Onslow**



Big Branch Bike Park
311 NW Corridor Blvd, Jacksonville, NC 28540
PHONE: 910-347-5332

<https://www.onslowcountync.gov/Facilities/Facility/Details/Big-Branch-Bike-Park-46>

The Bike park includes several bike trails and cross country running trails over the span of 6.2 miles. There are trails for beginners as well as intermediate trails for advanced bikers and runners.



Hines Farm Park & Stables
1259 McCallister Rd, Jacksonville, NC 28540
PHONE: (910) 453-2239

<http://www.onslowcountync.gov/Facilities/Facility/Details/Hines-Farm-Park-Stables-47>

Visit 200 acres of Hines Farm Park & Stables! From horse shows to lessons to pony rides to summer camp to 4-H to Cabin Rentals to Birthdays to Weddings to Parties, it is ALL here! Plus rent paddleboats and kayaks, go fishing and rent a cabin. Full board or pasture board to pamper you and your horse. All breeds and riding disciples welcome!



Humphrey Farms
522 W Willis Landing Rd, Hubert, NC 28539
PHONE: (910) 548-4669

<https://www.humphreyfarmnc.com/>

Humphrey Farms is a family-owned, Hubert-based 55-acre farm specializing in hosting festivals, events and concerts. In 2018, the farm brought in many of the coaster and carnival vendors from the 4-H fair to put on a Fall Fair. Featuring a Farm Store, the Little Red Barn and Beer Garden, and other small shops, Humphrey Farms is fun for the whole family.



Hometown Harvest
145 Virginia Lane, Sneads Ferry, NC

<https://www.facebook.com/hometownharvest.sf>

Small family farm that grows & sells fruits, vegetables, cut flowers & plants!
Open: Tue-Fri. 10-6



Mike's Farm – Onslow County
1600 Haw Branch Rd, Beulaville, NC 28518
PHONE: (910) 324-3422

<https://www.facebook.com/Mikes-Farm-197260721376/>

Mike's Farm began with Mike and Teresa Lowe selling Christmas trees. Today, joined by their daughter Caitlin and her husband, they are operating a multifaceted agritourist business consisting of a 400-seating capacity family style restaurant, wedding barn, bakery, gift shop, seasonal produce, year-round events and boasts a new NC Product Barn, showcasing exclusively North Carolina products.

Family Fun: Mike's Farm offers seasonal berry and pumpkin picking. The holidays welcome hayrides with light displays. Here, children can pet (and sometimes feed) farm animals. Family-style dinners are always a hit with the kids, served southern-style with delicious desserts.

Weddings: Mike's Farm offers three different venues for a classic southern wedding. The Barn which is our newest venue provides an elegant rustic feeling for you and your guests. The Barn can seat 225 people making this our largest space on the property. The Banquet Room offers a plantation style theme with seating for up to 100 guests. People also like to connect two families together outside at our gazebo. Visit our website for availability or call us to set up a tour of any of the venues.



Onslow County Farmer's Market
4024 Richlands Hwy, Jacksonville, NC 28450
PHONE: (910) 455-5873

<https://www.facebook.com/OnslowCountyFarmersMarket/>

The Onslow County Farmers' Market provides locally grown produce and handmade artisan products. We will consider all growers and producers, including but not limited to vegetables and fruit, meat, eggs, cheese, herbs, cut flowers, plants, and baked goods. Completed the Count On Me NC training: a public health initiative that empowers guests and businesses to help keep everyone safe from COVID-19.

